
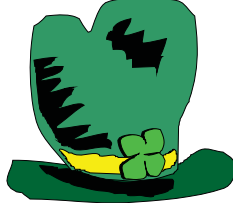


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center">SENIOR & DISABILITIES SERVICES</p> <p align="center">MARCH 2018</p>	 <p align="center">TURN CLOCKS AHEAD MARCH 11</p>	<p align="center">Suggested Donation: \$3.00 per meal (Dining Room) \$3.00 per meal (MOW) 1% Milk served with all meals</p>	<p>♥ Baked Beef Rigatoni or <u>Chicken Rice Cake</u> Green Beans Garden Vegetable Salad White Dinner Roll Peach Crisp</p> <p align="right">1</p>	<p>♥ Broccoli Chs Omelet Bake or <u>Chicken Pastina</u> Mixed Vegetables Spinach Romaine Salad Wheat Roll Hermit Bar</p> <p align="right">2</p>
<p>♥ Chicken Chop Suey or <u>Sweet & Sour Pork</u> Brown Rice Oriental Blend Vegetables Broccoli Raisin Salad Banana Pudding</p> <p align="right">5</p>	<p>♥ Meatloaf Sandwich Half or <u>Turkey Sandwich Half</u> on Wheat Bread Beef Barley Soup Pickled Beets Chilled Pears</p> <p align="right">6</p>	<p>♥ Chicken Spanish Rice or <u>Scalloped Potatoes & Ham</u> Succotash Spinach Romaine Salad Seven Grain Roll Rhubarb Apple Crisp</p> <p align="right">7</p>	<p>♥ Chicken Patty w/Gravy or <u>HmStyle Pork Patty/Gvy</u> Whipped Potatoes Steamed Carrots Oatmeal Bread Gelatin Jewels w/Whip Top</p> <p align="right">8</p>	<p>♥ Brd Bkd Fish w/Tartar Sc or <u>Kielbasa</u> on a Bun Whole Kernel Corn Carrot Mandarin Salad Frozen Hot Chocolate</p> <p align="right">9</p>
<p>♥ Cowboy Campfire Stew or <u>Chicken Tetrazzini</u> Cut Green Beans Creamy Coleslaw Oatmeal Roll Orange Whip</p> <p align="right">12</p>	<p>♥ Hearty Chicken Stew or <u>Beef Chili w/Beans</u> Chuckwagon Corn Tossed Salad Sunflower Seed Roll Golden Fruit Cup</p> <p align="right">13</p>	<p>♥ Roast Turkey w/Gravy or <u>Salisbury Steak</u> Whipped Potatoes Broccoli Cracked Wheat Bread Seasonal Fresh Fruit</p> <p align="right">14</p>	<p>♥ Lima Beans & Ham or <u>Beef Shepherd's Pie</u> Herbed Carrots Romaine Iceberg Salad French Roll Lemon Pudding</p> <p align="right">15</p>	<p align="center"><u>Furlough Day</u></p>  <p align="right">16</p>
<p>♥ Chicken & Dumplings or <u>Spaghetti w/Meat Sauce & Whole Wheat Roll</u> Green Peas & Onions Spinach Romaine Salad Chilled Peaches</p> <p align="right">19</p>	<p>♥ Tuna Loaf w/Cream Sc or <u>Beef & Potato Stew</u> Herbed Carrots Romaine Iceberg Salad Bran Rye Roll Zucchini Brownie</p> <p align="right">20</p>	<p>♥ Asian Chicken Salad or <u>Egg Tofu BLT Salad</u> on Spinach Romaine Chicken Rice Soup Wheat Roll Pineapple</p> <p align="right">21</p>	<p>♥ Chicken Breast Supreme or <u>Roast Pork w/Gravy</u> Whipped Potatoes Country Trio Vegetables Squash Bread Apple Cobbler</p> <p align="right">22</p>	<p>♥ Cheese/Green Chile Bk or <u>Beef Enchilada Bake</u> Cut Green Beans Spinach Romaine Salad Wheat Dinner Roll Vanilla Pudding</p> <p align="right">23</p>
<p>♥ Creamed Turkey & Vegt or <u>Beef Stroganoff</u> Whipped Potatoes Seasoned Carrots Whole Wheat Roll Peanut Butter Bar</p> <p align="right">26</p>	<p>♥ Orange Glz Chicken Brst or <u>Country Fried Steak</u> Colcannon Potatoes Mixed Vegetables Wheat Bread Cookies'n Cream Pudding</p> <p align="right">27</p>	<p>♥ Trky Salad Sndwch Half or <u>Egg Salad Sandwich Half</u> on Wheat Bread Vegetarian Vegetable Soup Apple Cranberry Slaw Pears</p> <p align="right">28</p>	<p align="center"><u>Brunch Lunch</u></p> <p>♥ Southwest Omelet Bake or <u>Pork Sausage Gravy</u> Buttermilk Biscuit Red Potatoes Spinach Romaine Salad Flavored Yogurt</p> <p align="right">29</p>	<p>♥ Brd Bkd Fish w/Tartar Sc or <u>Turkey Patty w/Gravy</u> Whipped Potatoes Cut Green Beans French Bread Coconut Treasure Cake</p> <p align="right">30</p>