




MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p align="center"><b>SENIOR &amp; DISABILITIES SERVICES</b></p> <p align="center"><b>NOVEMBER 2017</b></p>	<p align="center">Suggested Donation: \$3.00 per meal (Dining Room) \$3.00 per meal (MOW) ..... 1% Milk served with all meals</p>	<p>♥ <b>Pasta Primavera or Scalloped Potatoes &amp; Turkey Ham</b> Cut Green Beans Pineapple Slaw Oat Bran Roll Lemon Pudding</p> <p align="right">1</p>	<p>♥ <b>Braised Beef Tips or Creamed Chicken &amp; Vegt</b> Whipped Potatoes Spinach Seven Grain Bread Chocolate Ice Cream Cup</p> <p align="right">2</p>	<p>♥ <b>Tuna Pasta Salad or Curried Chkn &amp; Rice Salad</b> Spinach Romaine Lentil Soup Potato Wheat Roll Mandarin Pineapple Cup</p> <p align="right">3</p>
<p>♥ <b>Vegetarian Chili or Chicken Lo Mein</b> Green Peas Spinach Romaine Salad Onion Roll Gelatin Jewels w/Whip Top</p> <p align="right">6</p>	<p>♥ <b>Breaded Baked Fish w/Tartar Sauce or Chicken Patty w/Dijon Sc</b> Lyonnaise Potatoes Broccoli Multigrain Bread Apple Crisp</p> <p align="right">7</p>	<p>♥ <b>Hot Turkey Sandwich or Hot Meatloaf Sandwich</b> on Wheat Bread Whipped Potatoes w/Gravy Harvard Beets Fresh Orange</p> <p align="right">8</p>	<p align="center"><b>Veteran's Day</b></p> <p>♥ <b>Hamburger or Hot Dog</b> on a Bun Whole Kernel Corn Creamy Coleslaw Yellow Cake w/Choc Frost</p> <p align="right">9</p>	<p align="center"><b>Closed for the Holiday</b></p>  <p align="right">10</p>
<p>♥ <b>Pork Choppie w/Gravy or Chicken Supreme</b> Delmonico Potatoes Broccoli Herb Bread Peanut Butter Bar</p> <p align="right">13</p>	<p>♥ <b>Chicken &amp; Dumplings or Spaghetti w/Meat Sauce &amp; Garlic Roll</b> Cut Green Beans Marinated Broccoli Salad Cinnamon Applesauce</p> <p align="right">14</p>	<p>♥ <b>Chkn Salad Sndwch Half or Tuna Salad Sndwch Half</b> on Wheat Bread Popeye Potato Soup Pineapple Slaw Peaches</p> <p align="right">15</p>	<p>♥ <b>Black Bean &amp; Beef Chili or Macaroni &amp; Cheese</b> Parslied Carrots Tossed Salad Cracked Wheat Roll Lime Whip</p> <p align="right">16</p>	<p align="center"><b>Furlough Day</b></p>  <p align="right">17</p>
<p>♥ <b>Turkey Apple Meatballs or Beef Patty w/Gravy</b> Colcannon Potatoes Cut Green Beans Oatmeal Bread Pineapple</p> <p align="right">20</p>	<p>♥ <b>Rst Turkey w/Gravy or Salisbury Patty w/Gravy</b> Whipped Potatoes Mixed Vegetables Bread Dressing w/Gravy Cranberry Sauce Pumpkin Custard/Whip Top</p> <p align="right">21</p>	<p>♥ <b>Bkd Ham w/Orange Glz or Roast Turkey w/Gravy</b> Whipped Sweet Potatoes Peas &amp; Onions Wheat Roll Cranberry Sauce Pumpkin Bar</p> <p align="right">22</p>	<p align="center"><b>THANKSGIVING</b> CLOSED FOR HOLIDAY, NOV. 23-24</p>  <p align="right">23</p> <p align="right">24</p>	
<p>♥ <b>Chicken Tetrzzini or Ground Beef Stew</b> Green Peas Pickled Beets Whole Wheat Roll Spiced Pears</p> <p align="right">27</p>	<p>♥ <b>Southwest Omelet Bake or Baked Beef Rigatoni</b> Country Trio Vegetables Spinach Romaine Salad Herb Roll Banana Pudding</p> <p align="right">28</p>	<p>♥ <b>Oriental Shoyu Chicken or Country Meatballs</b> Garden Vegetable Rice Broccoli Romaine Iceberg Salad Mandarin Pineapple Cup</p> <p align="right">29</p>	<p>♥ <b>Chicken Pastina or Cowboy Campfire Stew</b> Capri Blend Vegetables Creamy Coleslaw Whole Wheat Roll Peaches</p> <p align="right">30</p>	