

NWS&DS REV MENU # MAR 2017

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1	2	3
		CHKN & WHITE BEAN CHILI ZUCCHINI LASAGNA Herbed Carrots Spin Romaine Salad French Roll Chocolate Chip Bar	CHKN CHOP SUEY SWEET & SOUR PORK Steamed Brown Rice Oriental Blend Vegt Carrot Slaw Chilled Pears	BRD BKD FISH w/Tartar Sc SLOPPY JOE Both on a Bun Whole Kernel Corn Carrot Mandarin Salad Spiced Apples
6	7	8	9	10
BKD BEEF RIGATONI CHKN RICE BAKE Green Beans Garden Vegt Salad White Dinner Roll Fresh Orange (whole)	MEATLOAF 1/2 SAND TURKEY 1/2 SAND on Whole Wheat Bread Beef Barley Soup Pickled Beets Chilled Peaches	BEEF SPANISH RICE HEARTY CHICKEN STEW Succotash Spinach Rom Salad Seven Grain Roll Gelatin Jewels w/Topping	RST TURKEY w/GRAVY SALISBURY STEAK Whipped Potatoes Broccoli Cuts Cracked Wheat Bread Banana Pudding	BROCCOLI CHZ OMELET BAKE CHKN PASTINA Mixed Vegetables Spin Rom Salad Wheat Roll Hermit Bar
13	14	15	16	17
COWBOY CAMPFIRE STEW CHICKEN TETRAZZINI Cut Green Beans Creamy Coleslaw Oatmeal Roll Lemon Pudding	CHICKEN LO MEIN BEEF CHILI w/BEANS Chuckwagon Corn Tossed Salad Sunflower Seed Roll Golden Fruit Cup	CHKN PAT w/GVY HS PORK PATTY w/GRAVY Whipped Potatoes Steamed Carrots Oatmeal Bread Rhubarb Applesauce	TURKEY SALAD 1/2 SAND EGG SALAD 1/2 SAND Vegetarian Vegt Soup Carrot Slaw Wheat Bread Spiced Pears	ST PAT' DAY
20	21	22	23	24
CHKN & DUMPLINGS SPAGHETTI w/MEAT SC w/French Roll Green Peas & Onions Spinach Rom Salad Zucchini Brownie	LIMA BEANS & HAM SHEPHERD'S PIE Herbed Carrots Rom Iceberg Salad French Roll Orange Whip	SANTA FE CHKN SALAD EGG BLT SALAD on Spin Rom Salad Chicken Rice Soup Wheat Roll Pineapple	CHICKEN SUPREME BRST RST PORK w/GRAVY Whipped Potatoes Country Trio Vegetables Squash Bread Peach Crisp	CHEESE & GRN CHILI BAKE SWT & SOUR CHKN/RICE Cut Green Beans Spin Rom Salad Wheat Dinner Roll Banana Pudding
27	28	29	30	31
CRM TKY & VEGT BEEF STROGANOFF Whipped Potatoes Seasoned Carrots Whole Wheat Roll Spiced Applesauce	GARLIC CHICKEN COUNTRY FRIED STEAK Colcannon Potatoes Mixed Vegetables Wheat Bread Cookies 'n Cream Pudding	BEEF SWISS STYLE PATTY TURKEY PATTY w/GRAVY Whipped Potatoes Cut Green Beans French Bread Butterscotch Bar	BRUNCH LUNCH	TUNA LOAF w/CREAM SC BEEF & POTATO STEW Green Peas Rom Iceberg Salad Bran Rye Roll Chilled Peaches

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RAE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Mon FEB 27										
ENTREE A	142	BEEF, MEATBALLS SWEDISH	6 OZ	275.38	20.09	17.00	9.73	86.66	213.73	65.78	4.29	149.45
ENTREE B	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	461.60	64.50	0.00	51.70
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	201.24	3.32	0.08	10.79
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	81.77	0.00	11.80	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1006.5	SAUCE, SWEDISH	2 OZ	30.95	0.68	1.25	4.37	10.86	78.23	2.01	1.10	0.00
B ADD ONLY	1023	GLAZE, ORANGE	1 OZ	70.37	0.19	2.21	3.26	0.05	26.02	0.01	0.08	na
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				706.68	36.67	28.92	77.16	467.73	824.53	409.48	65.92	170.23
TOTAL B				644.72	36.19	21.18	70.62	398.86	1020.19	406.20	60.61	72.48
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		645.16	37.28	27.53	62.22	466.99	742.76	409.48	61.27	172.23
DATE		Tues FEB 28										
ENTREE A	195	CHICKEN, SO JAMBALAYA & RICE	9.0oz/1c	307.58	21.45	10.70	29.79	72.09	302.49	17.05	16.84	0.00
ENTREE B	232	HAM, BAKED SLICE	3.00 OZ	104.62	14.12	5.10	0.43	6.80	749.36	0.00	11.91	52.74
VEGGIE 1	1416	BLACK EYED PEAS	.5 CUP	46.71	2.53	0.53	7.70	6.14	102.40	1.18	1.41	0.01
VEGGIE 2	533	SPINACH-M	3.23oz/.5C	41.45	2.84	2.01	4.82	131.82	98.65	721.33	11.05	0.00
BREAD	1097	ROLL, CORNMEAL	1.3 OZ.	90.25	3.23	0.63	17.81	24.60	92.58	9.23	0.05	5.94
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	7.03	38.81	3.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				833.74	39.87	25.72	112.63	534.97	761.07	968.27	35.36	15.02
TOTAL B				630.78	32.54	20.12	83.27	469.68	1207.94	951.22	30.43	67.76
DIET SUB	533	SPINACH-M	3.23oz/.5C	41.45	2.84	2.01	4.82	131.82	98.65	721.33	11.05	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		658.83	38.18	20.10	82.48	521.00	758.01	948.36	35.12	15.02
DATE		Wed MAR 1										
ENTREE A	401	WHITE CHIX CHILI	1 CUP	206.26	18.53	4.22	23.65	105.47	509.91	45.05	6.54	0.00
ENTREE B	333	VEGETABLE, LASAGNA W/ COT.CHS.	8.9 OZ.	292.44	18.44	8.42	37.65	288.46	639.72	118.69	12.10	127.86
VEGGIE 1	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	64.41	1225.81	2.07	0.06
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA	224.49	2.83	11.36	28.99	21.30	81.43	43.98	0.01	26.12
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				750.86	35.87	24.64	98.61	505.68	1081.98	1865.07	27.02	36.08
TOTAL B				837.04	35.78	28.84	112.61	688.67	1211.79	1938.71	32.58	163.94
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		670.77	34.73	21.31	85.92	501.97	1038.52	1828.66	27.01	22.40
DATE		Thurs MAR 2										
ENTREE A	180	CHICKEN, CHOP SUEY	10.5OZ/1C.	187.59	19.94	4.64	16.43	35.62	722.20	44.97	24.00	42.53
ENTREE B	265	PORK, SWEET & SOUR	7.45OZ/1C.	265.89	14.79	9.72	29.05	34.32	350.54	293.38	16.34	55.57
VEGGIE 1	452	BLEND, ORIENTAL-BB	2.7oz/.33C	26.86	1.78	0.00	6.48	16.95	54.56	190.67	1.11	0.11
VEGGIE 2	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
BREAD	920.5	RICE, BROWN	.33 Cup	72.66	1.44	0.85	14.66	8.77	3.18	0.00	0.00	0.00
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				544.56	32.45	14.33	75.47	384.41	1001.89	2664.66	36.21	51.82
TOTAL B				622.86	27.30	19.41	88.09	383.11	630.23	2913.07	28.55	64.86
DIET SUB	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		544.56	32.45	14.33	75.47	384.41	1001.89	2664.66	36.21	51.82

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Fri MAR 3										
ENTREE A	958	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.00
ENTREE B	1007	BEEF, SLOPPY JOE	5.0 OZ.	191.26	12.68	11.97	8.29	32.26	375.62	44.89	6.44	44.17
VEGGIE 1	0	CORN, W. KERNEL-BB	2.5oz/.33C	61.95	2.14	0.05	15.68	1.64	48.91	20.27	1.94	0.11
VEGGIE 2	0	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
BREAD	0	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	155.28	0.00	0.00	0.00
DESSERT	0	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
MILK/MARG	0	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	625	SAUCE, TARTAR	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	72.21	3.14	1.04	1.81
B ADD ONLY	724											
ADD BOTH	#REF!											
ADD BOTH	#REF!											
TOTAL A				700.39	27.16	20.49	97.33	366.94	706.17	1855.59	32.69	10.99
TOTAL B				627.09	26.48	22.88	84.29	369.30	789.58	1897.34	38.09	53.35
DIET SUB	#REF!	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
DIET SUB	#REF!	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.16	3.10	0.15	0.00
TOTAL DIET		DIET CALCULATIONS		700.39	27.16	20.49	97.33	366.94	706.17	1855.59	32.69	10.99
DATE		Mon MAR 6										
ENTREE A	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	401.21	88.01	6.99	47.77
ENTREE B	209	CHICKEN, RICE BAKE	1 CUP	376.52	22.50	11.22	44.60	128.62	445.83	90.12	2.42	40.42
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	210.69	3.48	0.08	11.30
DESSERT	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	3.20	20.02	113.72	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				735.66	33.79	25.78	95.96	558.41	910.99	584.79	136.36	68.91
TOTAL B				777.27	37.90	22.62	107.71	614.85	955.61	586.90	131.79	61.56
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	12.44	249.94	9.70	0.00
DIET SUB	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	3.20	20.02	113.72	0.00
TOTAL DIET		DIET CALCULATIONS		735.66	33.79	25.78	95.96	558.41	910.99	584.79	136.36	68.91
DATE		Tues MAR 7										
ENTREE A	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	218.14	8.47	1.27	41.70
ENTREE B	385	TURKEY, RST for HOT SAND	2 OZ	96.40	16.63	2.82	0.00	14.17	39.69	0.00	0.00	43.09
VEGGIE 1	518	SOUP, BEEF BARLEY-M	9.38oz/1C	116.01	10.62	5.55	5.74	16.93	359.73	338.48	5.39	29.78
VEGGIE 2	438	BEETS, PICKLED	2.8oz/.33C	25.76	0.67	0.07	6.06	11.81	186.28	0.71	3.34	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	184.45	7.36	0.06	0.19
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	4.97	66.80	4.13	0.25
ADD BOTH	1027	SAUCE, DIJONNAISE	1 TB	46.20	0.08	4.39	1.47	0.80	146.27	0.00	0.04	4.67
TOTAL A				672.93	36.06	30.43	65.17	372.39	1261.73	621.39	20.00	85.66
TOTAL B				613.91	40.68	23.14	61.62	356.15	1083.28	612.92	18.73	87.05
DIET SUB	438	BEETS, PICKLED	2.8oz/.33C	25.76	0.67	0.07	6.06	11.81	186.28	0.71	3.34	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		672.93	36.06	30.43	65.17	372.39	1261.73	621.39	20.00	85.66
DATE		Wed MAR 8										
ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	341.87	42.93	20.85	57.02
ENTREE B	190	CHICKEN, HEARTY STEW	8.23OZ/1C.	191.82	18.58	4.87	17.41	43.51	414.90	327.86	7.72	50.46
VEGGIE 1	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	15.03	11.25	2.00	0.36
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	205.97	7.45	0.06	0.19
DESSERT	838	GELATIN, JEWELS	4.34OZ/.5C	71.63	1.02	0.00	17.39	0.58	81.86	0.00	12.28	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	1009	TOPPING, WHIPPED TOP LIFE	1 TBL	11.02	0.00	0.93	0.68	0.12	2.08	0.00	0.00	0.00
TOTAL A				775.91	35.69	27.15	100.10	461.05	892.53	605.13	52.06	67.30
TOTAL B				653.83	35.89	19.20	87.51	426.55	965.56	890.06	38.93	60.74
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	839	GELATIN, JEWELS W/TOP. - DIET	4.0OZ/1/2C	12.57	1.29	0.00	1.13	0.05	3.69	0.00	11.45	1.00
TOTAL DIET		DIET CALCULATIONS		715.10	35.60	27.12	83.56	444.52	799.67	335.62	47.04	68.30

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Thurs MAR 9										
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	44.23	0.00	0.00	70.59
ENTREE B	156	BEEF, SALISBURY W/TURKEY & GRAV	4.75 OZ	279.63	19.39	18.69	8.00	71.40	358.75	19.47	4.67	72.84
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
BREAD	1047	BREAD, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	198.02	7.34	2.22	0.19
DESSERT	863	PUDDING, BANANA	4.5 OZ/.5C.	127.38	3.28	0.32	28.78	111.51	208.48	2.17	2.27	1.70
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	102.95	6.63	1.13	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				623.57	45.05	11.50	85.84	489.19	779.01	348.04	53.15	82.47
TOTAL B				790.57	39.00	29.59	94.29	551.25	1117.76	373.98	58.94	84.72
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	62.85	140.33	29.31	0.11
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		590.61	46.90	11.30	75.18	560.67	721.24	347.00	51.84	83.61
DATE		Fri MAR 10										
ENTREE A	383.5	SPINACH OMELET BAKE	1 SVG	148.24	15.04	5.69	8.80	381.75	208.95	363.10	2.02	183.90
ENTREE B	371	CHICKEN PASTINA	1 CUP	229.82	17.63	4.31	29.73	79.10	312.51	88.58	10.50	56.89
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	184.45	7.36	0.06	0.19
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	56.16	9.27	0.18	25.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.49	0.49	3.46	0.00
ADD BOTH	0											
TOTAL A				709.81	32.42	27.25	86.74	804.26	738.41	1335.42	25.79	218.96
TOTAL B				791.39	35.01	25.87	107.67	501.61	841.97	1060.90	34.27	91.95
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1320	DIET SPLENDA OATRAISIN CKY	1.25 OZ	143.15	2.38	7.16	17.51	11.10	89.31	37.55	0.16	14.67
TOTAL DIET		DIET CALCULATIONS		676.07	32.66	27.22	76.69	744.18	771.56	1363.70	25.77	207.94
DATE		Mon MAR 13										
ENTREE A	169	BEEF, THREE BEAN CASSEROLE	8.25oz/1c	519.07	38.71	11.93	65.33	154.46	564.41	11.35	5.93	65.00
ENTREE B	221	CHICKEN, TETRAZZINI	10.2OZ/1C.	274.43	24.30	5.18	30.21	178.97	470.02	15.07	5.54	4.18
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
BREAD	1107	ROLL, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	205.70	7.34	0.06	0.19
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	94.76	48.74	0.09	0.26
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				1103.18	55.45	32.22	152.37	611.54	1164.47	288.60	37.68	79.67
TOTAL B				858.54	41.04	25.47	117.25	636.05	1070.08	292.32	37.29	18.85
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	79.93	4.97	26.69	5.04
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		1037.03	58.40	29.52	137.47	721.26	1220.42	240.99	38.55	82.25
DATE		Tues MAR 14										
ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	494.63	140.27	31.09	54.22
ENTREE B	114	BEEF, CHILI WITH BEANS	6.82OZ/1C.	284.08	17.30	8.85	35.56	78.16	495.68	31.25	6.48	27.48
VEGGIE 1	489	CORN, CHUCKWAGON-BB	2.56oz/.33C	58.80	2.03	0.06	14.87	1.91	26.34	25.57	6.11	0.06
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
BREAD	1114	ROLL, SUNFLOWER SEED	2.0 OZ	155.61	4.24	4.19	25.12	18.17	205.57	7.34	0.07	0.19
DESSERT	698	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	7.57	44.38	17.31	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz	65.89	0.43	1.60	13.49	11.55	140.01	11.72	3.09	0.00
ADD BOTH	0											
TOTAL A				773.29	41.15	18.59	113.68	386.73	1041.97	543.55	68.13	64.03
TOTAL B				775.05	32.39	21.08	120.67	412.14	1043.02	434.53	43.52	37.29
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
DIET SUB	698	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	99.00	44.38	17.31	0.00
TOTAL DIET		DIET CALCULATIONS		773.29	41.15	18.59	113.68	386.73	1133.40	543.55	68.13	64.03

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE		Wed MAR 15										
ENTREE A	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	480.00	NA	0.00	45.00
ENTREE B	255	PORK PATTY	4 OZ	350.58	28.49	22.09	7.73	72.34	492.04	22.99	2.98	119.29
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
BREAD	1060	BREAD, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	205.70	7.34	0.06	0.19
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				656.27	25.09	19.92	94.16	431.16	1045.36	1319.63	24.07	55.18
TOTAL B				837.92	43.64	33.04	92.05	503.67	1083.24	1344.70	27.42	129.47
DIET SUB	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
DIET SUB	725	APPLESAUCE, RHUBARB - DIET	4 OZ/.5C	99.94	0.31	0.16	25.70	81.95	11.98	4.97	2.81	0.00
TOTAL DIET		DIET CALCULATIONS		656.27	25.09	19.92	94.16	431.16	1045.36	1319.63	24.07	55.18
DATE		Thurs MAR 16										
ENTREE A	311	TURKEY, SALAD	4.64OZ/.5C	163.19	17.43	6.79	7.84	37.50	220.66	5.38	4.04	43.10
ENTREE B	224	EGG, SALAD	4.3oz	160.61	11.40	11.33	2.54	55.40	311.79	148.83	1.10	370.77
VEGGIE 1	530	SOUP, VEGETARIAN VEGETABLE	8oz/1C	99.10	3.14	0.40	21.84	44.06	205.75	145.76	15.95	0.00
VEGGIE 2	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	184.45	7.36	0.06	0.19
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	694	LETTUCE, SHREDDED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	9.93	133.60	8.26	0.49
ADD BOTH	0											
TOTAL A				681.38	34.69	20.16	94.55	437.57	842.74	2721.12	39.41	52.96
TOTAL B				678.80	28.66	24.70	89.25	455.47	933.87	2864.57	36.47	380.63
DIET SUB	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	61.69	2248.35	7.73	0.11
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	2.34	0.00	1.17	0.00
TOTAL DIET		DIET CALCULATIONS		681.38	34.69	20.16	94.55	437.57	842.74	2721.12	39.41	52.96
DATE		Fri MAR 17										
ENTREE A	107	BEEF, CABBAGE BAKE	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	484.83	65.46	35.48	99.54
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	489.41	155.47	1.29	54.54
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	206.68	3.68	0.08	11.08
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	203.51	54.05	0.02	0.04
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				911.69	34.46	35.43	117.68	517.72	1206.96	2016.86	71.24	119.88
TOTAL B				1015.64	38.95	36.25	136.12	890.41	1211.54	2106.87	37.05	74.88
DIET SUB	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	48.69	1648.41	27.36	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		790.29	34.15	28.61	101.97	501.36	1093.45	1962.81	71.22	119.84
DATE		Mon MAR 20										
ENTREE A	208	CHICKEN, POT PIE, TOPLESS	8.7OZ/1C	213.39	21.13	4.39	21.34	113.40	363.09	271.29	7.86	1.07
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	379.09	19.73	6.53	57.70
VEGGIE 1	558.5	PEAS, GREEN w/ONIONS	.33 CUP	55.11	3.45	0.00	9.65	16.53	98.52	103.34	14.47	0.00
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	0											
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	122.62	12.36	2.46	28.97
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1080	DUMPLING	1 OZ	52.41	2.07	0.47	9.68	73.87	229.36	7.18	0.12	14.71
B ADD ONLY	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				718.29	39.49	22.80	89.43	559.61	1059.31	937.67	41.78	54.48
TOTAL B				918.69	39.83	34.17	113.85	430.98	1026.46	685.66	41.86	96.57
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	37.97	7.57	0.00	12.44
TOTAL DIET		DIET CALCULATIONS		634.08	37.76	20.85	72.64	558.62	974.66	932.88	39.32	37.95

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY-DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Tues MAR 21										
ENTREE A	240	HAM, LIMA BEAN CASSEROLE	9.6OZ/1C.	276.58	19.33	3.24	43.63	60.41	502.12	12.82	6.62	22.80
ENTREE B	157	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	435.03	107.93	30.66	61.41
VEGGIE 1	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	64.41	1225.81	2.07	0.06
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
DESSERT	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	51.26	1.81	20.62	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				694.34	35.10	13.77	109.85	426.12	1029.33	1521.16	43.52	32.76
TOTAL B				725.94	34.12	22.97	97.38	503.26	962.24	1616.27	67.56	71.37
DIET SUB	656.5	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.00	0.00	7.15	2.00
TOTAL DIET		DIET CALCULATIONS		618.83	35.07	12.27	92.11	423.32	978.07	1519.35	30.05	34.76
DATE		Wed MAR 22										
ENTREE A	1383	SALAD, MINI SANTA FE	.5 CUP	141.23	18.26	4.07	8.03	19.16	81.28	29.09	21.07	0.00
ENTREE B	0	egg blt salad										
VEGGIE 1	0	chkn mixed Rice soup										
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	63.78	7.14	0.96	0.66
ADD BOTH	0											
TOTAL A				540.91	33.01	16.22	68.93	409.19	489.21	762.68	56.44	9.92
TOTAL B				399.68	14.75	12.15	60.90	390.03	407.93	733.59	35.37	9.92
DIET SUB	632	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	36.03	533.54	20.57	0.00
DIET SUB	865	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	1.22	4.88	11.58	0.00
TOTAL DIET		DIET CALCULATIONS		540.91	33.01	16.22	68.93	409.19	489.21	762.68	56.44	9.92
DATE		Thurs MAR 23										
ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	461.60	64.50	0.00	51.70
ENTREE B	261	PORK, ROAST SLICED	3 OZ	207.96	23.26	12.03	0.14	10.58	127.58	2.37	0.31	77.74
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
BREAD	1068	BREAD, SQUASH	2.0 OZ	158.50	4.39	4.05	26.43	22.98	185.17	18.59	0.87	0.19
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	7.03	38.81	3.81	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	1035	SAUCE, SUPREME	2 OZ	44.21	2.23	0.31	7.84	68.47	193.53	33.32	0.45	1.02
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	104.56	2.24	0.38	0.00
ADD ONLY	0											
ADD BOTH	0											
TOTAL A				807.69	39.37	24.90	109.12	450.54	1042.98	487.26	29.80	62.79
TOTAL B				813.53	40.66	28.50	100.38	365.19	619.99	394.05	30.04	87.81
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	8.93	134.00	5.33	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		632.78	37.68	19.28	78.97	436.57	1039.92	467.35	29.56	62.79
DATE		Fri MAR 24										
ENTREE A	367	CALIF GRN CHILI & 3 CHZ BAKE	7 OZ	426.69	17.70	22.42	39.95	214.07	524.46	83.65	4.09	68.21
ENTREE B	218	CHICKEN, SWEET -N- SOUR	8.56OZ/1C.	236.72	18.28	3.94	32.03	45.04	555.41	634.82	19.86	40.42
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	94.76	48.74	0.09	0.26
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	140.01	11.72	3.09	0.00
ADD BOTH	0											
TOTAL A				969.83	34.12	37.31	130.09	661.16	1151.90	723.36	25.95	77.84
TOTAL B				779.86	34.70	18.83	122.17	492.13	1182.85	1274.53	41.72	50.05
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	24.02	355.69	13.71	0.00
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		903.68	37.07	34.61	115.19	770.88	1207.85	675.75	26.82	80.42

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLEST mg 100.00
DATE												
Mon MAR 27												
ENTREE A	184	CHICKEN, CREAMED AND VEGETABL	6.0OZ/1C.	263.53	22.46	9.72	20.86	130.53	369.97	183.74	8.70	51.94
ENTREE B	165	BEEF, STROGANOFF	8.97OZ/1C.	272.37	21.74	14.67	12.99	49.78	661.93	48.67	1.21	71.72
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	148.98	7.36	0.06	0.19
DESSERT	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				684.84	37.12	20.24	90.01	482.86	790.38	1501.95	31.44	62.12
TOTAL B				693.68	36.40	25.19	82.14	402.11	1082.34	1366.88	23.95	81.90
DIET SUB	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	82.25	1109.12	1.85	0.11
DIET SUB	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	2.47	3.69	1.49	0.00
TOTAL DIET		DIET CALCULATIONS		684.84	37.12	20.24	90.01	482.86	790.38	1501.95	31.44	62.12
DATE												
Tues MAR 28												
ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	461.60	64.50	0.00	51.70
ENTREE B	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	42.64	0.00	0.00	70.77
VEGGIE 1	937.5	POTATOES, COLCANNON	3.83oz/.33C	51.59	1.03	0.02	11.25	61.49	154.70	1.47	22.26	0.78
VEGGIE 2	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	184.45	7.36	0.06	0.19
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	101.49	48.74	0.76	8.69
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	977	GRAVY, COUNTRY	2.4 OZ.	79.71	3.05	4.43	7.01	98.43	188.15	53.74	0.53	1.53
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				748.54	41.91	21.45	98.82	623.56	1165.58	721.58	29.44	70.54
TOTAL B				925.53	44.82	37.63	103.44	718.79	934.77	710.82	29.97	91.14
DIET SUB	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	105.42	418.84	4.16	0.11
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	150.71	1.13	0.96	2.84
TOTAL DIET		DIET CALCULATIONS		650.30	40.35	18.78	80.19	589.49	1214.80	673.97	29.64	64.69
DATE												
Wed MAR 29												
ENTREE A	167	BEEF, SWISS STYLE STEAK	4ozw/SC	318.37	20.41	23.13	6.53	28.51	313.47	180.17	7.63	70.18
ENTREE B	372	TURKEY PATTIE	4 OZ	198.96	21.99	8.61	8.23	68.27	477.71	37.44	2.81	69.03
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	28.79	17.37	17.14	0.81
VEGGIE 2	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	180.51	6.73	1.53	0.17
DESSERT	729	BAR, BUTTERSCOTCH	1.45 OZ/EA	182.49	2.42	8.96	24.22	32.99	154.35	65.44	0.08	20.20
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	78.72	0.16	0.01	0.00
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				837.78	37.43	39.58	84.18	418.86	896.79	485.92	31.29	100.54
TOTAL B				733.39	39.31	25.21	88.98	459.59	1139.75	343.35	26.48	99.39
DIET SUB	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	61.75	35.53	2.71	0.11
DIET SUB	1317	DIET SPLENDA PNB COOKIE	1.08 OZ	167.07	3.04	11.47	13.68	9.06	89.16	1.11	0.00	2.50
TOTAL DIET		DIET CALCULATIONS		822.36	38.05	42.09	73.64	394.93	831.60	421.59	31.21	82.84
DATE												
Thurs MAR 30												
ENTREE A	1370	SW OMELET BAKE	1 EA	345.22	23.11	23.21	11.64	577.65	541.55	262.25	9.95	268.93
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	574.86	130.75	1.30	39.14
VEGGIE 1	905	POTATOES, BAKED	4.0OZ/.5C	123.62	2.61	0.11	28.61	11.34	9.07	0.00	14.63	0.00
VEGGIE 2	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
BREAD	1039	BISCUIT, BUTTERMILK	2.20 OZ.	186.33	3.90	7.90	24.25	144.72	226.83	3.61	0.26	1.03
DESSERT	743	CAKE, APPLE STREUSEL	3.75 OZ	253.40	4.31	6.18	45.91	121.84	242.47	73.91	1.18	24.64
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	113.41	133.82	2.20	9.07
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				1062.95	41.81	39.89	136.83	1144.94	1136.66	515.07	42.34	303.67
TOTAL B				948.63	34.27	25.94	145.59	818.43	1169.97	383.57	33.69	73.88
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	3.33	41.48	14.12	0.00
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	90.00	NA	NA	0.00
TOTAL DIET		DIET CALCULATIONS		899.55	38.50	34.71	109.92	1023.10	984.19	441.16	41.16	279.03

	DATE RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PROTEIN gm 17.00	FAT gm	CARBOHY- DRATES gm	Calcium mg 400	Sodium mg 1050.00	Vit A RE 300.00	Vit C mg 30.00	CHOLES mg 100.00
DATE		Fri MAR 31										
ENTREE A	274	TUNA, LOAF	6.55 OZ.	162.60	17.13	3.07	15.96	70.56	534.88	48.66	3.74	74.71
ENTREE B	147	BEEF, NEW ENGLAND & POTATOES	9.71OZ/1C.	321.54	19.27	14.59	28.31	50.84	402.89	51.92	14.51	63.02
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	105.33	64.59	6.10	0.15
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	210.67	3.48	0.08	11.30
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	157.92	180.67	2.20	9.07
A ADD ONLY	996.5	SAUCE, CREAM	2.52 OZ	44.74	3.32	0.36	7.08	103.24	265.68	0.66	0.56	1.64
B ADD ONLY	0											
ADD BOTH	971.5	DRESSING, RANCH LO CAL	1 TB(0.5oz)	54.43	0.47	5.44	1.13	15.02	129.51	0.00	0.00	4.69
ADD BOTH	0											
TOTAL A				603.87	36.35	18.35	75.75	530.50	1417.29	403.14	25.77	101.56
TOTAL B				718.07	35.17	29.51	81.02	407.54	1019.62	405.74	35.98	88.23
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	9.33	86.18	9.52	0.00
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	3.97	18.90	3.57	0.00
TOTAL DIET		DIET CALCULATIONS		603.87	36.35	18.35	75.75	530.50	1417.29	403.14	25.77	101.56
DATE			0									
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE			0									
ENTREE A	0		0									
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DATE			0									
ENTREE A	0											
ENTREE B	0											
VEGGIE 1	0											
VEGGIE 2	0											
BREAD	0											
DESSERT	0											
MILK/MARG	0											
A ADD ONLY	0											
B ADD ONLY	0											
ADD BOTH	0											
ADD BOTH	0											
TOTAL A				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
TOTAL B				0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00
DIET SUB	0											
DIET SUB	0											
TOTAL DIET		DIET CALCULATIONS		0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00

	DATE	MENU ITEM	PORTION	CAL	PRO	FAT	CHO	Ca+	Mg+	Na+	Zn+	C	B-6	B-12	FIBER	
	RECNUM		SIZE	A=600 to 850	gm 17.00	gm	gm	mg 400.00	mg 88.00	mg 1050.00	mg 3.10	mg 30.00	mg 0.57	mcg 0.79	gm 7.00	
DATE		Mon FEB 27														
ENTREE A	142	BEEF, MEATBALLS SWEDISH	6 OZ	275.38	20.09	17.00	9.73	86.66	21.79	213.73	2.70	4.29	0.27	1.46	1.30	
ENTREE B	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	0.00	461.60	0.00	0.00	0.60	0.34	0.76	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60	
BREAD	1044	BREAD, BRAN WHEAT	1.31 OZ.	100.21	3.23	2.82	16.30	21.31	21.92	201.24	0.42	0.08	0.05	0.10	1.21	
DESSERT	866	WHIP, CHERRY/LIME	4.04OZ/.5C	85.41	0.98	1.39	17.73	0.74	0.00	81.77	0.00	11.80	0.00	0.00	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1006.5	SAUCE, SWEDISH	2 OZ	30.95	0.68	1.25	4.37	10.86	4.18	78.23	0.11	1.10	0.02	0.00	0.43	
B ADD ONLY	1023	GLAZE, ORANGE	1 OZ	70.37	0.19	2.21	3.26	0.05	0.03	26.02	2.04	0.08	0.00	5.88	0.24	
ADD BOTH																
ADD BOTH																
TOTAL A				36.83%	706.68	36.67	28.92	77.16	467.73	94.37	824.53	4.33	65.92	0.54	2.49	5.68
TOTAL B				29.56%	644.72	36.19	21.18	70.62	398.86	68.43	1020.19	3.56	60.61	0.85	7.25	4.95
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		38.40%	645.16	37.28	27.53	62.22	466.99	94.88	742.76	4.33	61.27	0.54	2.49	5.68
DATE		Tues FEB 28														
ENTREE A	195	CHICKEN, SO JAMBALAYA & RICE	9.0oz/1c	307.58	21.45	10.70	29.79	72.09	10.19	302.49	0.29	16.84	0.15	0.00	4.06	
ENTREE B	232	HAM, BAKED SLICE	3.00 OZ	104.62	14.12	5.10	0.43	6.80	14.46	749.36	2.13	11.91	0.26	4.25	0.00	
VEGGIE 1	1416	BLACK EYED PEAS	.5 CUP	46.71	2.53	0.53	7.70	6.14	1.51	102.40	0.02	1.41	0.01	0.00	3.46	
VEGGIE 2	533	SPINACH-M	3.23oz/.5C	41.45	2.84	2.01	4.82	131.82	62.04	98.65	0.63	11.05	0.13	0.00	1.89	
BREAD	1097	ROLL, CORNMEAL	1.3 OZ	90.25	3.23	0.63	17.81	24.60	12.58	92.58	0.29	0.05	0.12	0.04	1.20	
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	24.28	7.03	0.36	3.81	0.01	0.00	0.36	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				27.76%	833.74	39.87	25.72	112.63	534.97	142.48	761.07	2.47	35.36	0.52	0.88	10.97
TOTAL B				28.71%	630.78	32.54	20.12	83.27	469.68	146.75	1207.94	4.31	30.43	0.63	5.13	6.91
DIET SUB	533	SPINACH-M	3.23oz/.5C	41.45	2.84	2.01	4.82	131.82	62.04	98.65	0.63	11.05	0.13	0.00	1.89	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS		27.46%	658.83	38.18	20.10	82.48	521.00	125.15	758.01	2.22	35.12	0.53	0.88	11.90
DATE		Wed MAR 1														
ENTREE A	401	WHITE CHIX CHILI	1 CUP	206.26	18.53	4.22	23.65	105.47	45.43	509.91	0.97	6.54	0.11	0.00	6.02	
ENTREE B	333	VEGETABLE, LASAGNA W/ COT.CHS.	8.9 OZ	292.44	18.44	8.42	37.65	288.46	49.68	639.72	1.50	12.10	0.20	0.37	3.72	
VEGGIE 1	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	7.90	64.41	0.18	2.07	0.09	0.00	1.28	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	8.86	180.51	0.30	1.53	0.01	0.04	0.89	
DESSERT	730	BAR, CHOCOLATE CHIP	1.78 OZ/EA.	224.49	2.83	11.36	28.99	21.30	4.37	81.43	0.17	0.01	0.02	0.07	0.90	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				29.53%	750.86	35.87	24.64	98.61	505.68	120.01	1081.98	2.75	27.02	0.39	1.01	10.18
TOTAL B				31.01%	837.04	35.78	28.84	112.61	688.67	124.26	1211.79	3.28	32.58	0.48	1.38	7.88
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43	
TOTAL DIET		DIET CALCULATIONS		28.59%	670.77	34.73	21.31	85.92	501.97	122.62	1038.52	2.76	27.01	0.38	0.97	9.71
DATE		Thurs MAR 2														
ENTREE A	180	CHICKEN, CHOP SUEY	10.5OZ/1C.	187.59	19.94	4.64	16.43	35.62	22.94	722.20	1.49	24.00	0.33	0.16	0.79	
ENTREE B	265	PORK, SWEET & SOUR	7.45OZ/1C.	265.89	14.79	9.72	29.05	34.32	31.00	350.54	2.63	16.34	0.27	0.54	0.51	
VEGGIE 1	452	BLEND, ORIENTAL-BB	2.7oz/.33C	26.86	1.78	0.00	6.48	16.95	6.69	54.56	0.38	1.11	0.06	0.00	0.00	
VEGGIE 2	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
BREAD	920.5	RICE, BROWN	.33 Cup	72.66	1.44	0.85	14.66	8.77	28.32	3.18	0.39	0.00	0.10	0.00	0.65	
DESSERT	779	CANNED, PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				23.69%	544.56	32.45	14.33	75.47	384.41	110.01	1001.89	3.46	36.21	0.75	1.01	3.59
TOTAL B				28.05%	622.86	27.30	19.41	88.09	383.11	118.07	630.23	4.60	28.55	0.69	1.39	3.31
DIET SUB	672	SLAW, CARROT	3.93OZ/.5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
DIET SUB	779	CANNED, PEARS - DIET	4.13 OZ/.5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71	
TOTAL DIET		DIET CALCULATIONS		23.69%	544.56	32.45	14.33	75.47	384.41	110.01	1001.89	3.46	36.21	0.75	1.01	3.59

	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE	Fri MAR 3														
ENTREE A	1376	FISH, BREADED POLLOCK PC	4 OZ	240.00	13.00	8.00	19.00	20.00	220.00	0.00	0.00	0.28	0.00	1.00	
ENTREE B	158	BEEF, SLOPPY JOE	5.0 OZ.	191.26	12.68	11.97	8.29	32.26	17.42	375.62	2.78	0.17	1.19	0.22	
VEGGIE 1	496	CORN, W. KERNEL-BB	2.5oz/.33C	61.95	2.14	0.05	15.68	1.64	12.76	48.91	0.25	1.94	0.07	1.49	
VEGGIE 2	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	
BREAD	1075	BUN, HAMBURGER	1.06 OZ.	89.16	2.50	1.70	15.93	22.04	8.01	155.28	0.25	0.00	0.01	0.00	
DESSERT	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	
A ADD ONLY	1007	SAUCE, TARTAR	.5625oz/1TB	24.56	0.36	1.58	2.33	9.90	0.40	72.21	0.01	1.04	0.00	0.00	
B ADD ONLY															
ADD BOTH															
ADD BOTH															
TOTAL A			26.33%	700.39	27.16	20.49	97.33	366.94	71.91	706.17	1.87	32.69	0.57	0.84	5.06
TOTAL B			32.84%	627.09	26.48	22.88	84.29	369.30	88.93	789.58	4.64	38.09	0.46	2.03	4.21
DIET SUB	625	SALAD, CARROT MANDARIN	5.23OZ/.5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	1.05
DIET SUB	724	APPLES, SPICED - DIET	3.67OZ/.5C	56.07	0.29	0.36	14.29	5.03	3.20	3.16	0.05	0.15	0.03	0.00	0.57
TOTAL DIET		DIET CALCULATIONS	26.33%	700.39	27.16	20.49	97.33	366.94	71.91	706.17	1.87	32.69	0.57	0.84	5.06
DATE	Mon MAR 6														
ENTREE A	103	BEEF, BAKED RIGATONI	7.29oz/1c	334.91	18.39	14.38	32.85	72.18	23.21	401.21	3.57	6.99	0.19	1.03	0.40
ENTREE B	209	CHICKEN, RICE BAKE	1 CUP	376.52	22.50	11.22	44.60	128.62	37.87	445.83	1.60	2.42	2.89	4.47	0.27
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91
VEGGIE 2	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	8.01	12.44	0.08	9.70	0.03	0.00	0.59
BREAD	1117	ROLL, WHITE DINNER	1.38 OZ.	108.81	3.26	2.88	17.25	20.54	6.84	210.69	0.25	0.08	0.02	0.11	0.73
DESSERT	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	22.42	3.20	0.18	113.72	0.15	0.00	7.21
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12
ADD BOTH															
TOTAL A			31.54%	735.66	33.79	25.78	95.96	558.41	100.58	910.99	5.22	136.36	0.51	2.05	10.96
TOTAL B			26.20%	777.27	37.90	22.62	107.71	614.85	115.24	955.61	3.25	131.79	3.21	5.49	10.83
DIET SUB	636	SALAD, GARDEN VEGETABLE	1.96OZ/.5C	10.50	0.77	0.11	1.92	19.89	8.01	12.44	0.08	9.70	0.03	0.00	0.59
DIET SUB	831	FRESH, ORANGE	5.75 OZ	100.91	2.08	0.48	24.83	112.12	22.42	3.20	0.18	113.72	0.15	0.00	7.21
TOTAL DIET		DIET CALCULATIONS	31.54%	735.66	33.79	25.78	95.96	558.41	100.58	910.99	5.22	136.36	0.51	2.05	10.96
DATE	Tues MAR 7														
ENTREE A	1228	MEATLOAF for SAND	2 oz	155.42	12.00	10.11	3.55	30.41	15.71	218.14	2.24	1.27	0.15	0.82	0.72
ENTREE B	385	TURKEY, RST for HOT SAND	2 OZ	96.40	16.63	2.82	0.00	14.17	14.75	39.69	1.76	0.00	0.26	0.21	0.00
VEGGIE 1	518	SOUP, BEEF BARLEY-M	9.38oz/1C	116.01	10.62	5.55	5.74	16.93	14.46	359.73	2.66	5.39	0.15	1.01	0.36
VEGGIE 2	438	BEETS, PICKLED	2.8oz/.33C	25.76	0.67	0.07	6.06	11.81	12.02	186.28	0.18	3.34	0.05	0.00	0.49
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	184.45	0.49	0.06	0.06	0.04	1.54
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	695	LETTUCE, SHREDDED	.48OZ/.25C	4.94	0.28	0.06	0.98	6.86	2.92	4.97	0.06	4.13	0.02	0.00	0.17
ADD BOTH	1027	SAUCE, DIJONNAISE	1 TB	46.20	0.08	4.39	1.47	0.80	0.00	146.27	0.00	0.04	0.00	0.00	0.01
TOTAL A			40.69%	672.93	36.06	30.43	65.17	372.39	100.65	1261.73	6.62	20.00	0.55	2.71	4.58
TOTAL B			33.92%	613.91	40.68	23.14	61.62	356.15	99.68	1083.28	6.14	18.73	0.66	2.10	3.86
DIET SUB	438	BEETS, PICKLED	2.8oz/.33C	25.76	0.67	0.07	6.06	11.81	12.02	186.28	0.18	3.34	0.05	0.00	0.49
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29
TOTAL DIET		DIET CALCULATIONS	40.69%	672.93	36.06	30.43	65.17	372.39	100.65	1261.73	6.62	20.00	0.55	2.71	4.58
DATE	Wed MAR 8														
ENTREE A	159	BEEF, SPANISH RICE	9.63OZ/1C.	313.90	18.38	12.82	30.00	78.01	23.36	341.87	3.38	20.85	0.52	1.36	2.41
ENTREE B	190	CHICKEN, HEARTY STEW	8.23OZ/1C.	191.82	18.58	4.87	17.41	43.51	26.63	414.90	1.43	7.72	0.36	0.19	2.60
VEGGIE 1	550.5	SUCCOTASH	.33 CUP	58.94	2.69	1.41	11.27	25.51	19.59	15.03	0.31	2.00	0.07	0.07	0.70
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97
BREAD	1112	ROLL, SEVEN GRAIN	2.0 OZ	151.65	4.18	4.03	25.09	19.60	10.72	205.97	0.38	0.06	0.04	0.04	1.83
DESSERT	838	GELATIN, JEWELS	4.34OZ/.5C	71.63	1.02	0.00	17.39	0.58	0.00	81.86	0.00	12.28	0.00	0.00	0.00
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00
A ADD ONLY															
B ADD ONLY															
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12
ADD BOTH	1009	TOPPING, WHIPPED TOP LIFE	1 TBL	11.02	0.00	0.93	0.68	0.12	0.00	2.08	0.00	0.00	1.80	0.00	0.00
TOTAL A			31.50%	775.91	35.69	27.15	100.10	461.05	107.12	892.53	5.20	52.06	2.59	2.37	6.03
TOTAL B			26.43%	653.83	35.89	19.20	87.51	426.55	110.39	965.56	3.25	38.93	2.43	1.20	6.22
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48
DIET SUB	839	GELATIN, JEWELS W/TOP. - DIET	4.OOZ/1/2C	12.57	1.29	0.00	1.13	0.05	0.51	3.69	0.00	11.45	0.01	0.02	0.00
TOTAL DIET		DIET CALCULATIONS	34.14%	715.10	35.60	27.12	83.56	444.52	92.85	799.67	5.13	47.04	2.56	2.39	5.54

	DATE	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE	Thurs MAR 9															
ENTREE A	309	TURKEY, ROASTED, SLICED	3 OZ	114.82	25.57	0.63	0.00	10.21	24.66	44.23	1.48	0.00	0.48	0.33	0.00	
ENTREE B	156	BEEF, SALISBURY W/TURKEY & GRAV	4.75 OZ	279.63	19.39	18.69	8.00	71.40	30.62	358.75	3.51	4.67	0.46	1.73	1.13	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60	
BREAD	1047	BREAD, CRACKED WHEAT	2.0 OZ	151.62	4.21	3.94	24.93	18.34	11.44	198.02	0.32	2.22	0.03	0.04	1.54	
DESSERT	863	PUDDING, BANANA	4.5 OZ/.5C.	127.38	3.28	0.32	28.78	111.51	15.58	208.48	0.39	2.27	0.14	0.34	0.09	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
B ADD ONLY	976	GRAVY, BROWN W/BASE	2.28 OZ.	17.21	0.43	0.18	3.55	1.84	1.87	102.95	0.04	1.13	0.01	0.00	0.04	
ADD BOTH																
ADD BOTH																
TOTAL A				16.59%	623.57	45.05	11.50	85.84	489.19	98.71	779.01	3.31	53.15	0.85	1.64	4.38
TOTAL B				33.68%	790.57	39.00	29.59	94.29	551.25	105.99	1117.76	5.36	58.94	0.84	3.04	5.54
DIET SUB	460	BROCCOLI CUTS-BB	2.15oz/.33C	24.98	2.26	0.09	5.04	37.59	14.60	62.85	0.22	29.31	0.09	0.00	1.60	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS		17.21%	590.61	46.90	11.30	75.18	560.67	98.72	721.24	3.50	51.84	0.76	1.87	4.29
DATE	Fri MAR 10															
ENTREE A	383.5	SPINACH OMELET BAKE	1 SVG	148.24	15.04	5.69	8.80	381.75	20.53	208.95	1.41	2.02	0.07	0.74	1.32	
ENTREE B	371	CHICKEN PASTINA	1 CUP	229.82	17.63	4.31	29.73	79.10	46.58	312.51	1.50	10.50	0.31	0.44	2.03	
VEGGIE 1	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	184.45	0.49	0.06	0.06	0.04	1.54	
DESSERT	1338	HERMIT BAR	1 EA	176.89	2.14	7.19	27.56	71.18	4.67	56.16	0.10	0.18	0.01	0.00	0.60	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	1397	DRSG, CITRUS	1 Tb	42.40	0.07	3.89	1.71	1.79	1.29	1.49	0.01	3.46	0.00	0.00	0.03	
ADD BOTH																
TOTAL A				34.55%	709.81	32.42	27.25	86.74	804.26	110.60	738.41	3.40	25.79	0.46	1.62	6.10
TOTAL B				29.42%	791.39	35.01	25.87	107.67	501.61	136.65	841.97	3.49	34.27	0.70	1.32	6.81
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1320	DIET SPLENDA OATRAISIN CKY	1.25 OZ	143.15	2.38	7.16	17.51	11.10	4.05	89.31	0.08	0.16	0.01	0.00	1.19	
TOTAL DIET		DIET CALCULATIONS		36.24%	676.07	32.66	27.22	76.69	744.18	109.98	771.56	3.38	25.77	0.46	1.62	6.69
DATE	Mon MAR 13															
ENTREE A	169	BEEF, THREE BEAN CASSEROLE	8.25oz/1c	519.07	38.71	11.93	65.33	154.46	128.75	564.41	5.78	5.93	0.86	1.37	7.20	
ENTREE B	221	CHICKEN, TETRAZZINI	10.20Z/1C.	274.43	24.30	5.18	30.21	178.97	32.55	470.02	1.03	5.54	0.12	0.46	1.59	
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
VEGGIE 2	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
BREAD	1107	ROLL, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	12.03	205.70	0.40	0.06	0.04	0.04	1.57	
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	5.32	94.76	0.13	0.09	0.01	0.05	0.89	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				26.29%	1103.18	55.45	32.22	152.37	611.54	194.14	1164.47	7.51	37.68	1.12	2.32	13.42
TOTAL B				26.70%	858.54	41.04	25.47	117.25	636.05	97.94	1070.08	2.76	37.29	0.38	1.41	7.81
DIET SUB	676	SLAW, CREAMY COLE	4.11OZ/.5C	116.09	1.80	6.99	12.47	53.89	9.92	79.93	0.18	26.69	0.09	0.01	1.85	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS		25.62%	1037.03	58.40	29.52	137.47	721.26	204.41	1220.42	7.96	38.55	1.16	2.84	12.53
DATE	Tues MAR 14															
ENTREE A	1378	CHICKEN LO MEIN	1 CUP	282.32	26.06	6.36	28.57	52.75	41.12	494.63	1.14	31.09	0.54	0.22	3.94	
ENTREE B	114	BEEF, CHILI WITH BEANS	6.82OZ/1C.	284.08	17.30	8.85	35.56	78.16	66.94	495.68	2.61	6.48	0.39	0.68	8.77	
VEGGIE 1	489	CORN, CHUCKWAGON-BB	2.56oz/.33C	58.80	2.03	0.06	14.87	1.91	12.22	26.34	0.24	6.11	0.08	0.00	1.41	
VEGGIE 2	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
BREAD	1114	ROLL, SUNFLOWER SEED	2.0 OZ	155.61	4.24	4.19	25.12	18.17	9.62	205.57	0.39	0.07	0.03	0.04	0.99	
DESSERT	698	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	8.63	7.57	0.13	17.31	0.05	0.00	1.07	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	11.45	140.01	0.07	3.09	0.05	0.19	0.20	
ADD BOTH																
TOTAL A				21.64%	773.29	41.15	18.59	113.68	386.73	120.75	1041.97	2.97	68.13	0.89	1.29	7.94
TOTAL B				24.48%	775.05	32.39	21.08	120.67	412.14	146.57	1043.02	4.44	43.52	0.74	1.75	12.77
DIET SUB	662	SALAD, TOSSED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
DIET SUB	698	CUP, GOLDEN FRUIT	.5 CUP	71.61	0.34	0.07	18.79	8.24	8.63	99.00	0.13	17.31	0.05	0.00	1.07	
TOTAL DIET		DIET CALCULATIONS		21.64%	773.29	41.15	18.59	113.68	386.73	120.75	1133.40	2.97	68.13	0.89	1.29	7.94

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE Wed MAR 15																
ENTREE A	351	CHICKEN,BREADED PATTIE TYSON	2.75 OZ	170.00	10.00	9.00	10.00	NA	NA	480.00	NA	0.00	NA	NA	NA	NA
ENTREE B	255	PORK PATTY	4 OZ	350.58	28.49	22.09	7.73	72.34	35.05	492.04	3.51	2.98	0.45	0.68	0.98	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13	
BREAD	1060	BREAD, OATMEAL	2.0 OZ	154.52	4.31	4.17	25.08	19.94	12.03	205.70	0.40	0.06	0.04	0.04	1.57	
DESSERT	726	APPLESAUCE, RHUBARB - REG	4 OZ/5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	983	GRAVY, POULTRY W/BASE	2.20 OZ.	15.02	0.30	0.15	3.10	0.97	0.55	78.72	0.02	0.01	0.00	0.00	0.01	
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	0.94	104.56	0.02	0.38	0.00	0.00	0.02	
ADD BOTH																
ADD BOTH																
TOTAL A				27.31%	656.27	25.09	19.92	94.16	431.16	59.54	1045.36	1.51	24.07	0.25	0.97	4.08
TOTAL B				35.48%	837.92	43.64	33.04	92.05	503.67	94.98	1083.24	5.02	27.42	0.70	1.65	5.07
DIET SUB	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13	
DIET SUB	726	APPLESAUCE, RHUBARB - DIET	4 OZ/5C	99.94	0.31	0.16	25.70	81.95	8.83	11.98	0.06	2.81	0.02	0.00	0.23	
TOTAL DIET		DIET CALCULATIONS		27.31%	656.27	25.09	19.92	94.16	431.16	59.54	1045.36	1.51	24.07	0.25	0.97	4.08
DATE Thurs MAR 16																
ENTREE A	311	TURKEY, SALAD	4.64OZ/5C	163.19	17.43	6.79	7.84	37.50	20.48	220.66	1.80	4.04	0.29	0.21	0.52	
ENTREE B	224	EGG, SALAD	4.3oz	160.61	11.40	11.33	2.54	55.40	11.56	311.79	0.94	1.10	2.03	6.17	0.27	
VEGGIE 1	530	SOUP, VEGETARIAN VEGETABLE	8oz/1C	99.10	3.14	0.40	21.84	44.06	23.98	205.75	0.44	15.95	0.16	0.00	3.62	
VEGGIE 2	672	SLAW, CARROT	3.93OZ/5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	184.45	0.49	0.06	0.06	0.04	1.54	
DESSERT	779	CANNED , PEARS - DIET	4.13 OZ/5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	694	LETTUCE, SHREDDED	.95OZ/ .5 C	9.88	0.55	0.11	1.96	13.71	5.83	9.93	0.12	8.26	0.04	0.00	0.33	
ADD BOTH																
TOTAL A				26.63%	681.38	34.69	20.16	94.55	437.57	119.06	842.74	4.05	39.41	0.81	1.10	8.16
TOTAL B				32.75%	678.80	28.66	24.70	89.25	455.47	110.14	933.87	3.19	36.47	2.55	7.06	7.91
DIET SUB	672	SLAW, CARROT	3.93OZ/5C	94.31	1.57	2.60	17.87	37.99	15.50	61.69	0.21	7.73	0.14	0.01	1.44	
DIET SUB	779	CANNED , PEARS - DIET	4.13 OZ/5C	33.96	0.22	0.04	9.15	4.68	4.68	2.34	0.11	1.17	0.02	0.00	0.71	
TOTAL DIET		DIET CALCULATIONS		26.63%	681.38	34.69	20.16	94.55	437.57	119.06	842.74	4.05	39.41	0.81	1.10	8.16
DATE Fri MAR 17																
ENTREE A	107	BEEF, CABBAGE BAKE	9.9OZ/1C.	308.98	17.89	15.77	24.75	150.97	49.20	484.83	3.65	35.48	0.52	1.75	4.03	
ENTREE B	339	VEGETARIAN, MACARONI & CHEESE	9.24oz/1C	412.93	22.38	16.59	43.19	523.66	46.07	489.41	2.71	1.29	0.48	0.89	0.10	
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/.33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39	
VEGGIE 2	625	SALAD, CARROT MANDARIN	5.23OZ/5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	1.05	
BREAD	1095	ROLL, CARAWAY RYE	1.38 OZ.	108.25	3.20	2.87	17.75	26.68	15.81	206.68	0.41	0.08	0.03	0.11	1.11	
DESSERT	750	CAKE, FROSTED	2.64 OZ.	211.40	1.31	7.82	34.71	16.36	0.47	203.51	0.01	0.02	0.00	0.01	0.00	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A				34.97%	911.69	34.46	35.43	117.68	517.72	126.78	1206.96	5.79	71.24	0.80	2.71	9.58
TOTAL B				32.12%	1015.64	38.95	36.25	136.12	890.41	123.65	1211.54	4.85	37.05	0.76	1.85	5.65
DIET SUB	625	SALAD, CARROT MANDARIN	5.23OZ/5C	99.47	1.37	2.60	19.22	27.93	15.66	48.69	0.43	27.36	0.08	0.00	1.05	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		32.58%	790.29	34.15	28.61	101.97	501.36	126.31	1093.45	5.78	71.22	0.80	2.70	9.58
DATE Mon MAR 20																
ENTREE A	208	CHICKEN, POT PIE, TOPLESS	8.7OZ/1C	213.39	21.13	4.39	21.34	113.40	27.37	363.09	0.56	7.86	0.19	0.22	2.93	
ENTREE B	360	BEEF, QUAKER SPAGHETTI	9.5 OZ/1 C.	342.78	19.32	15.22	31.58	41.43	38.78	379.09	3.13	6.53	0.42	1.34	3.17	
VEGGIE 1	558.5	PEAS, GREEN w/ONIONS	.33 CUP	55.11	3.45	0.00	9.65	16.53	0.00	98.52	0.00	14.47	0.00	0.00	2.41	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD																
DESSERT	1334	BAR, ZUCCHINI BROWNIE	2.39 OZ	228.61	3.42	9.98	33.09	18.58	11.23	122.62	0.29	2.46	0.05	0.03	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1080	DUMPLING	1 OZ	52.41	2.07	0.47	9.68	73.87	4.46	229.36	0.17	0.12	0.01	0.09	0.04	
B ADD ONLY	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	8.86	180.51	0.30	1.53	0.01	0.04	0.89	
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																
TOTAL A				28.57%	718.29	39.49	22.80	89.43	559.61	96.51	1059.31	2.15	41.78	0.41	1.24	7.76
TOTAL B				33.47%	918.69	39.83	34.17	113.85	430.98	112.32	1026.46	4.85	41.86	0.64	2.31	8.85
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	1318	DIET SPLENDA CHOC CHIP CKY	1.06 OZ	144.40	1.69	8.03	16.30	17.59	6.98	37.97	0.18	0.00	0.01	0.03	0.43	
TOTAL DIET		DIET CALCULATIONS		29.59%	634.08	37.76	20.85	72.64	558.62	92.26	974.66	2.04	39.32	0.37	1.24	6.90

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE Tues MAR 21																
ENTREE A	240	HAM, LIMA BEAN CASSEROLE	9.6OZ/1C.	276.58	19.33	3.24	43.63	60.41	72.03	502.12	2.51	6.62	0.39	1.88	11.27	
ENTREE B	157	BEEF, SHEPHERDS PIE	9.0 WZ	308.18	18.35	12.44	31.16	137.55	29.59	435.03	3.14	30.66	0.33	1.48	3.40	
VEGGIE 1	482	CARROTS, HERBED-BB	2.6oz/.33C	27.92	0.87	0.09	6.44	24.47	7.90	64.41	0.18	2.07	0.09	0.00	1.28	
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	8.86	180.51	0.30	1.53	0.01	0.04	0.89	
DESSERT	868	WHIP, ORANGE	4.29 OZ/.5C	99.40	1.62	1.50	20.53	2.80	8.62	51.26	0.01	20.62	0.01	0.00	0.01	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																
TOTAL A				17.85%	694.34	35.10	13.77	109.85	426.12	136.08	1029.33	4.06	43.52	0.62	2.82	14.05
TOTAL B				28.48%	725.94	34.12	22.97	97.38	503.26	93.64	962.24	4.69	67.56	0.56	2.42	6.18
DIET SUB	656.5	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
DIET SUB	867	WHIP, CHERRY/LIME - DIET	3.36OZ/.5C	23.89	1.59	0.00	2.79	0.00	0.51	0.00	0.00	7.15	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS		17.84%	618.83	35.07	12.27	92.11	423.32	127.97	978.07	4.05	30.05	0.61	2.82	14.04
DATE Wed MAR 22																
ENTREE A	1383	SALAD, MINI SANTA FE	.5 CUP	141.23	18.26	4.07	8.03	19.16	9.59	81.28	0.18	21.07	0.11	0.00	1.06	
ENTREE B		egg blt salad														
VEGGIE 1		chkn mixed Rice soup														
VEGGIE 2	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54	
DESSERT	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	968	DRESSING, LOCAL 1000 ISLAND	2TB (1.0 oz)	27.60	0.84	1.62	2.64	23.70	1.98	63.78	0.12	0.96	0.00	0.06	0.12	
ADD BOTH																
TOTAL A				26.99%	540.91	33.01	16.22	68.93	409.19	106.53	489.21	1.99	56.44	0.36	0.94	4.61
TOTAL B				27.36%	399.68	14.75	12.15	60.90	390.03	96.94	407.93	1.81	35.37	0.25	0.94	3.55
DIET SUB	699.5	SALAD, SPIN ROMAINE .75 CUP	2.95oz/.75C	17.99	1.62	0.21	3.23	49.70	29.39	36.03	0.20	20.57	0.09	0.00	1.46	
DIET SUB	781	CANNED, PINEAPPLE TIDBITS	4.3 OZ	73.15	0.51	0.10	19.14	17.07	17.00	1.22	0.12	11.58	0.00	0.00	0.43	
TOTAL DIET		DIET CALCULATIONS		26.99%	540.91	33.01	16.22	68.93	409.19	106.53	489.21	1.99	56.44	0.36	0.94	4.61
DATE Thurs MAR 23																
ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	0.00	461.60	0.00	0.00	0.60	0.34	0.76	
ENTREE B	261	PORK, ROAST SLICED	3 OZ	207.96	23.26	12.03	0.14	10.58	19.54	127.58	2.63	0.31	0.39	0.80	0.03	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
BREAD	1068	BREAD, SQUASH	2.0 OZ	158.50	4.39	4.05	26.43	22.98	17.18	185.17	0.49	0.87	0.06	0.04	1.61	
DESSERT	810	CRISP, PEACH	4.8OZ/.5C.	218.57	2.32	5.65	41.63	19.92	24.28	7.03	0.36	3.81	0.01	0.00	0.36	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	1035	SAUCE, SUPREME	2 OZ	44.21	2.23	0.31	7.84	68.47	7.41	193.53	0.24	0.45	0.02	0.21	0.17	
B ADD ONLY	980	GRAVY, PORK W/BASE	2.22 OZ.	16.09	0.36	0.18	3.26	1.14	0.94	104.56	0.02	0.38	0.00	0.00	0.02	
ADD BOTH																
ADD BOTH																
TOTAL A				27.75%	807.69	39.37	24.90	109.12	450.54	80.75	1042.98	1.97	29.80	0.80	1.52	4.93
TOTAL B				31.53%	813.53	40.66	28.50	100.38	365.19	93.82	619.99	4.38	30.04	0.57	1.77	4.05
DIET SUB	574.5	BLEND, COUNTRY TRIO VEGETABLES	.33 CUP	22.67	0.89	0.23	4.93	0.00	0.00	8.93	0.00	5.33	0.00	0.00	0.89	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS		27.43%	632.78	37.68	19.28	78.97	436.57	63.42	1039.92	1.72	29.56	0.81	1.52	5.86
DATE Fri MAR 24																
ENTREE A	367	CALIF GRN CHILI & 3 CHZ BAKE	7 OZ	426.69	17.70	22.42	39.95	214.07	64.35	524.46	1.05	4.09	0.26	0.16	2.74	
ENTREE B	218	CHICKEN, SWEET -N- SOUR	8.56OZ/1C.	236.72	18.28	3.94	32.03	45.04	23.26	555.41	0.20	19.86	0.14	0.00	0.75	
VEGGIE 1	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
VEGGIE 2	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54	
DESSERT	1399	PUDDING, HOMESTYLE VANILLA	.5 CUP	160.57	2.18	2.82	33.02	73.27	5.32	94.76	0.13	0.09	0.01	0.05	0.89	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH	972	DRESSING, SPICY FRENCH	2TB (1.0 oz)	65.89	0.43	1.60	13.49	11.55	11.45	140.01	0.07	3.09	0.05	0.19	0.20	
ADD BOTH																
TOTAL A				34.63%	969.83	34.12	37.31	130.09	661.16	155.52	1151.90	2.89	25.95	0.56	1.29	8.25
TOTAL B				21.73%	779.86	34.70	18.83	122.17	492.13	114.43	1182.85	2.04	41.72	0.44	1.13	6.26
DIET SUB	660	SALAD, SPINACH ROMAINE	1.96OZ/.5C.	11.99	1.08	0.14	2.15	33.13	19.59	24.02	0.13	13.71	0.06	0.00	0.97	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS		34.47%	903.68	37.07	34.61	115.19	770.88	165.79	1207.85	3.34	26.82	0.60	1.81	7.36

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE Mon MAR 27																
ENTREE A	184	CHICKEN, CREAMED AND VEGETABLE	6.00Z/1C.	263.53	22.46	9.72	20.86	130.53	40.00	369.97	1.79	8.70	0.36	0.49	3.92	
ENTREE B	165	BEEF, STROGANOFF	8.97OZ/1C.	272.37	21.74	14.67	12.99	49.78	19.39	661.93	5.29	1.21	0.21	2.00	0.15	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13	
BREAD	1118	ROLL, WHOLE WHEAT DINNER	2.0 OZ	151.76	4.28	4.02	25.01	19.16	16.69	148.98	0.49	0.06	0.06	0.04	1.54	
DESSERT	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	3.72	2.47	0.04	1.49	0.52	0.92	0.67	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			26.59%	684.84	37.12	20.24	90.01	482.86	98.54	790.38	3.35	31.44	1.13	2.38	8.40	
TOTAL B			32.68%	693.68	36.40	25.19	82.14	402.11	77.93	1082.34	6.85	23.95	0.98	3.89	4.63	
DIET SUB	476	CARROTS, FROZEN-BB	2.6oz/.33C	27.04	0.74	0.07	6.29	17.73	6.25	82.25	0.15	1.85	0.08	0.00	1.13	
DIET SUB	410	APPLESAUCE, SPICED-DIET	4.25oz/.5c	52.76	0.21	0.06	13.86	4.87	3.72	2.47	0.04	1.49	0.52	0.92	0.67	
TOTAL DIET		DIET CALCULATIONS	26.59%	684.84	37.12	20.24	90.01	482.86	98.54	790.38	3.35	31.44	1.13	2.38	8.40	
DATE Tues MAR 28																
ENTREE A	1369	CHICKEN BRST FILLET	3 oz	174.00	20.10	8.30	4.30	28.60	0.00	461.60	0.00	0.00	0.60	0.34	0.76	
ENTREE B	129	BEEF, HAMBURGER 1/4 LB	3.16 OZ.	271.28	19.96	20.05	1.91	25.40	0.07	42.64	4.63	0.00	0.18	1.61	0.18	
VEGGIE 1	937.5	POTATOES, COLCANNON	3.83oz/.33C	51.59	1.03	0.02	11.25	61.49	3.16	154.70	0.04	22.26	0.02	0.00	1.26	
VEGGIE 2	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64	
BREAD	1073	BREAD, WHOLE WHEAT	2.0 OZ	151.76	4.28	4.02	25.01	19.23	16.71	184.45	0.49	0.06	0.06	0.04	1.54	
DESSERT	1398	PUDDING, CHOCOLATE HOMESTYLE	.5 CUP	192.66	6.69	2.79	36.75	217.06	34.57	101.49	0.98	0.76	0.07	0.81	1.03	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			25.79%	748.54	41.91	21.45	98.82	623.56	102.25	1165.58	2.77	29.44	1.01	2.03	6.23	
TOTAL B			36.59%	925.53	44.82	37.63	103.44	718.79	111.39	934.77	7.73	29.97	0.62	3.61	5.66	
DIET SUB	500	MIXED VEGS-BB	2.43oz/.33C	49.35	2.31	0.12	10.63	16.78	15.93	105.42	0.38	4.16	0.16	0.00	1.64	
DIET SUB	865	PUDDING, VANILLA - DIET	4.45OZ/.5C	94.42	5.13	0.12	18.12	182.99	15.59	150.71	0.58	0.96	0.05	0.57	0.00	
TOTAL DIET		DIET CALCULATIONS	25.99%	650.30	40.35	18.78	80.19	589.49	83.27	1214.80	2.37	29.64	0.99	1.79	5.20	
DATE Wed MAR 29																
ENTREE A	167	BEEF, SWISS STYLE STEAK	4ozw/SC	318.37	20.41	23.13	6.53	28.51	23.88	313.47	4.37	7.63	0.30	1.85	0.27	
ENTREE B	372	TURKEY PATTIE	4 OZ	198.96	21.99	8.61	8.23	68.27	34.48	477.71	2.58	2.81	0.62	1.12	1.10	
VEGGIE 1	933.5	WHIPPED POTATOES w/VIT C	.33 CUP	60.57	1.93	0.17	13.11	30.17	NA	28.79	NA	17.14	0.01	0.09	1.14	
VEGGIE 2	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
BREAD	1050	BREAD, FRENCH	2.0 OZ	123.42	4.22	1.01	23.86	17.21	8.86	180.51	0.30	1.53	0.01	0.04	0.89	
DESSERT	729	BAR, BUTTERSCOTCH	1.45 OZ/EA	182.49	2.42	8.96	24.22	32.99	14.71	154.35	0.25	0.08	0.04	0.01	0.59	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			42.52%	837.78	37.43	39.58	84.18	418.86	85.57	896.79	5.94	31.29	0.48	2.84	4.80	
TOTAL B			30.94%	733.39	39.31	25.21	88.98	459.59	96.72	1139.75	4.17	26.48	0.80	2.11	5.64	
DIET SUB	417	BEANS, GREEN FZN-BB	2.66oz/.33c	23.75	0.95	0.11	5.59	29.58	6.24	61.75	0.14	2.71	0.02	0.01	1.91	
DIET SUB	1317	DIET SLENDA PNB COOKIE	1.08 OZ	167.07	3.04	11.47	13.68	9.06	15.83	89.16	0.31	0.00	0.05	0.00	0.73	
TOTAL DIET		DIET CALCULATIONS	46.06%	822.36	38.05	42.09	73.64	394.93	86.69	831.60	6.00	31.21	0.49	2.83	4.94	
DATE Thurs MAR 30																
ENTREE A	1370	SW OMELET BAKE	1 EA	345.22	23.11	23.21	11.64	577.65	43.83	541.55	2.27	9.95	0.16	0.80	1.83	
ENTREE B	362	PORK, SAUSAGE GRAVY	6 OZ	230.90	15.57	9.26	20.40	251.14	33.57	574.86	2.03	1.30	0.19	1.18	0.40	
VEGGIE 1	905	POTATOES, BAKED	4.00Z/.5C	123.62	2.61	0.11	28.61	11.34	30.62	9.07	0.36	14.63	0.39	0.00	0.75	
VEGGIE 2	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
BREAD	1039	BISCUIT, BUTTERMILK	2.20 OZ.	186.33	3.90	7.90	24.25	144.72	9.83	226.83	0.31	0.26	0.02	0.06	0.80	
DESSERT	743	CAKE, APPLE STREUSEL	3.75 OZ	253.40	4.31	6.18	45.91	121.84	9.90	242.47	0.37	1.18	0.04	0.15	0.28	
MILK/MARG	959	MILK, 1%	8.0 OZ.	95.27	7.46	2.40	10.84	278.99	31.76	113.41	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			33.77%	1062.95	41.81	39.89	136.83	1144.94	136.81	1136.66	4.35	42.34	0.77	1.85	4.39	
TOTAL B			24.61%	948.63	34.27	25.94	145.59	818.43	126.55	1169.97	4.11	33.69	0.80	2.23	2.96	
DIET SUB	692	SALAD, MAND ORG & PA	3.45OZ/.5C	59.11	0.42	0.09	15.58	10.40	10.87	3.33	0.16	14.12	0.06	0.00	0.73	
DIET SUB	887	CAKE, DIET SOURCE	2 x 2 EA	90.00	1.00	1.00	19.00	NA	0.00	90.00	0.00	NA	0.00	0.00	0.00	
TOTAL DIET		DIET CALCULATIONS	34.73%	899.55	38.50	34.71	109.92	1023.10	126.91	984.19	3.98	41.16	0.73	1.70	4.11	

DATE	RECNUM	MENU ITEM	PORTION SIZE	CAL A=600 to 850	PRO gm 17.00	FAT gm	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00	
DATE		Fri MAR 31														
ENTREE A	274	TUNA, LOAF	6.55 OZ.	162.60	17.13	3.07	15.96	70.56	25.85	534.88	0.95	3.74	0.31	1.95	0.68	
ENTREE B	147	BEEF, NEW ENGLAND & POTATOES	9.71OZ/1C.	321.54	19.27	14.59	28.31	50.84	45.84	402.89	3.42	14.51	0.68	1.45	3.07	
VEGGIE 1	513	PEAS, GREEN-BB	2.96oz/33C	54.41	3.19	0.17	10.37	15.38	13.76	105.33	0.41	6.10	0.07	0.00	3.39	
VEGGIE 2	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
BREAD	1093	ROLL, BRAN RYE	1.38 OZ.	104.61	3.39	2.97	16.98	22.82	25.49	210.67	0.50	0.08	0.05	0.11	0.16	
DESSERT	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
MILK/MARG	958	MILK 1%/MARGARINE	1/2PT/1TSP	129.18	7.50	6.20	10.88	280.40	31.88	157.92	0.88	2.20	0.10	0.84	0.00	
A ADD ONLY	996.5	SAUCE, CREAM	2.52 OZ	44.74	3.32	0.36	7.08	103.24	9.32	265.68	0.34	0.56	0.04	0.32	0.00	
B ADD ONLY																
ADD BOTH	971.5	DRESSING, RANCH LO CAL	1 TB(0.5oz)	54.43	0.47	5.44	1.13	15.02	0.00	129.51	0.05	0.00	0.01	0.04	0.00	
ADD BOTH																
TOTAL A			27.34%	603.87	36.35	18.35	75.75	530.50	118.06	1417.29	3.30	25.77	0.62	3.26	6.00	
TOTAL B			36.98%	718.07	35.17	29.51	81.02	407.54	128.73	1019.62	5.43	35.98	0.95	2.44	8.39	
DIET SUB	656	SALAD, ROMAINE ICEBERG	1.96oz/.5c	10.24	0.72	0.11	1.87	17.13	4.81	9.33	0.06	9.52	0.02	0.00	0.48	
DIET SUB	777	CANNED, PEACHES - DIET	4.25OZ/.5C.	43.66	0.63	0.03	11.48	5.95	6.95	3.97	0.11	3.57	0.02	0.00	1.29	
TOTAL DIET		DIET CALCULATIONS	27.34%	603.87	36.35	18.35	75.75	530.50	118.06	1417.29	3.30	25.77	0.62	3.26	6.00	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DATE																
ENTREE A																
ENTREE B																
VEGGIE 1																
VEGGIE 2																
BREAD																
DESSERT																
MILK/MARG																
A ADD ONLY																
B ADD ONLY																
ADD BOTH																
ADD BOTH																
TOTAL A			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
TOTAL B			#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	
DIET SUB																
DIET SUB																
TOTAL DIET		DIET CALCULATIONS	#DIV/0!	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	0.00	

NWS&DS MARCH 2017 Entree A	KCALS-A 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon FEB 27	706.68	36.67	28.92	36.83%	77.16	467.73	94.37	824.53	4.33	65.92	0.54	2.49	5.68
Tues FEB 28	833.74	39.87	25.72	27.76%	112.63	534.97	142.48	761.07	2.47	35.36	0.52	0.88	10.97
Wed MAR 1	750.86	35.87	24.64	29.53%	98.61	505.68	120.01	1081.98	2.75	27.02	0.39	1.01	10.18
Thurs MAR 2	544.56	32.45	14.33	23.69%	75.47	384.41	110.01	1001.89	3.46	36.21	0.75	1.01	3.59
Fri MAR 3	700.39	27.16	20.49	26.33%	97.33	366.94	71.91	706.17	1.87	32.69	0.57	0.84	5.06
WEEK 1 Total A	707.25	34.40	22.82	29.04%	92.24	451.94	107.76	917.37	2.98	39.44	0.55	1.25	7.10
Mon MAR 6	735.66	33.79	25.78	31.54%	95.96	558.41	100.58	910.99	5.22	136.36	0.51	2.05	10.96
Tues MAR 7	672.93	36.06	30.43	40.69%	65.17	372.39	100.65	1261.73	6.62	20.00	0.55	2.71	4.58
Wed MAR 8	775.91	35.69	27.15	31.50%	100.10	461.05	107.12	892.53	5.20	52.06	2.59	2.37	6.03
Thurs MAR 9	623.57	45.05	11.50	16.59%	85.84	489.19	98.71	779.01	3.31	53.15	0.85	1.64	4.38
Fri MAR 10	709.81	32.42	27.25	34.55%	86.74	804.26	110.60	738.41	3.40	25.79	0.46	1.62	6.10
WEEK 2 Total A	703.58	36.60	24.42	31.24%	86.76	537.06	103.53	916.53	4.75	57.47	0.99	2.08	6.41
Mon MAR 13	1103.18	55.45	32.22	26.29%	152.37	611.54	194.14	1164.47	7.51	37.68	1.12	2.32	13.42
Tues MAR 14	773.29	41.15	18.59	21.64%	113.68	386.73	120.75	1041.97	2.97	68.13	0.89	1.29	7.94
Wed MAR 15	656.27	25.09	19.92	27.31%	94.16	431.16	59.54	1045.36	1.51	24.07	0.25	0.97	4.08
Thurs MAR 16	681.38	34.69	20.16	26.63%	94.55	437.57	119.06	842.74	4.05	39.41	0.81	1.10	8.16
Fri MAR 17	911.69	34.46	35.43	34.97%	117.68	517.72	126.78	1206.96	5.79	71.24	0.80	2.71	9.58
WEEK 3 Total A	755.66	33.85	23.52	28.02%	105.02	443.29	106.53	1034.26	3.58	50.71	0.69	1.52	7.44
Mon MAR 20	718.29	39.49	22.80	28.57%	89.43	559.61	96.51	1059.31	2.15	41.78	0.41	1.24	7.76
Tues MAR 21	694.34	35.10	13.77	17.85%	109.85	426.12	136.08	1029.33	4.06	43.52	0.62	2.82	14.05
Wed MAR 22	540.91	33.01	16.22	26.99%	68.93	409.19	106.53	489.21	1.99	56.44	0.36	0.94	4.61
Thurs MAR 23	807.69	39.37	24.90	27.75%	109.12	450.54	80.75	1042.98	1.97	29.80	0.80	1.52	4.93
Fri MAR 24	969.83	34.12	37.31	34.63%	130.09	661.16	155.52	1151.90	2.89	25.95	0.56	1.29	8.25
WEEK 4 Total A	746.21	36.22	23.00	27.74%	101.48	501.32	115.08	954.54	2.61	39.50	0.55	1.56	7.92
Mon MAR 27	684.84	37.12	20.24	26.59%	90.01	482.86	98.54	790.38	3.35	31.44	1.13	2.38	8.40
Tues MAR 28	748.54	41.91	21.45	25.79%	98.82	623.56	102.25	1165.58	2.77	29.44	1.01	2.03	6.23
Wed MAR 29	837.78	37.43	39.58	42.52%	84.18	418.86	85.57	896.79	5.94	31.29	0.48	2.84	4.80
Thurs MAR 30	1062.95	41.81	39.89	33.77%	136.83	1144.94	136.81	1136.66	4.35	42.34	0.77	1.85	4.39
Fri MAR 31	603.87	36.35	18.35	27.34%	75.75	530.50	118.06	1417.29	3.30	25.77	0.62	3.26	6.00
WEEK 5 Total A	787.60	38.92	27.90	31.88%	97.12	640.14	108.25	997.35	3.94	32.06	0.80	2.47	5.96
MONTH AVG	740.06	36.00	24.33	29.59%	96.52	514.75	108.23	964.01	3.57	43.84	0.72	1.78	6.97

c Bateman Sr Meals

B. Cloninger, MS, RD 2/7/2017

NWS&DS MARCH 2017 Entree B	KCALS-B 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon FEB 27	644.72	36.19	21.18	29.56%	70.62	398.86	68.43	1020.19	3.56	60.61	0.85	7.25	4.95
Tues FEB 28	630.78	32.54	20.12	28.71%	83.27	469.68	146.75	1207.94	4.31	30.43	0.63	5.13	6.91
Wed MAR 1	837.04	35.78	28.84	31.01%	112.61	688.67	124.26	1211.79	3.28	32.58	0.48	1.38	7.88
Thurs MAR 2	622.86	27.30	19.41	28.05%	88.09	383.11	118.07	630.23	4.60	28.55	0.69	1.39	3.31
Fri MAR 3	627.09	26.48	22.88	32.84%	84.29	369.30	88.93	789.58	4.64	38.09	0.46	2.03	4.21
WEEK 1 Total B	672.50	31.66	22.49	30.09%	87.78	461.92	109.29	1017.54	4.08	38.05	0.62	3.44	5.45
Mon MAR 6	777.27	37.90	22.62	26.20%	107.71	614.85	115.24	955.61	3.25	131.79	3.21	5.49	10.83
Tues MAR 7	613.91	40.68	23.14	33.92%	61.62	356.15	99.68	1083.28	6.14	18.73	0.66	2.10	3.86
Wed MAR 8	653.83	35.89	19.20	26.43%	87.51	426.55	110.39	965.56	3.25	38.93	2.43	1.20	6.22
Thurs MAR 9	790.57	39.00	29.59	33.68%	94.29	551.25	105.99	1117.76	5.36	58.94	0.84	3.04	5.54
Fri MAR 10	791.39	35.01	25.87	29.42%	107.67	501.61	136.65	841.97	3.49	34.27	0.70	1.32	6.81
WEEK 2 Total B	725.39	37.70	24.08	29.88%	91.76	490.08	113.59	992.83	4.30	56.53	1.57	2.63	6.65
Mon MAR 13	858.54	41.04	25.47	26.70%	117.25	636.05	97.94	1070.08	2.76	37.29	0.38	1.41	7.81
Tues MAR 14	775.05	32.39	21.08	24.48%	120.67	412.14	146.57	1043.02	4.44	43.52	0.74	1.75	12.77
Wed MAR 15	837.92	43.64	33.04	35.48%	92.05	503.67	94.98	1083.24	5.02	27.42	0.70	1.65	5.07
Thurs MAR 16	678.80	28.66	24.70	32.75%	89.25	455.47	110.14	933.87	3.19	36.47	2.55	7.06	7.91
Fri MAR 17	1015.64	38.95	36.25	32.12%	136.12	890.41	123.65	1211.54	4.85	37.05	0.76	1.85	5.65
WEEK 3 Total B	826.85	35.91	28.77	31.31%	109.52	565.42	118.84	1067.92	4.38	36.12	1.19	3.08	7.85
Mon MAR 20	918.69	39.83	34.17	33.47%	113.85	430.98	112.32	1026.46	4.85	41.86	0.64	2.31	8.85
Tues MAR 21	725.94	34.12	22.97	28.48%	97.38	503.26	93.64	962.24	4.69	67.56	0.56	2.42	6.18
Wed MAR 22	399.68	14.75	12.15	27.36%	60.90	390.03	96.94	407.93	1.81	35.37	0.25	0.94	3.55
Thurs MAR 23	813.53	40.66	28.50	31.53%	100.38	365.19	93.82	619.99	4.38	30.04	0.57	1.77	4.05
Fri MAR 24	779.86	34.70	18.83	21.73%	122.17	492.13	114.43	1182.85	2.04	41.72	0.44	1.13	6.26
WEEK 4 Total B	727.54	32.81	23.33	28.85%	98.93	436.32	102.23	839.89	3.55	43.31	0.49	1.71	5.78
Mon MAR 27	693.68	36.40	25.19	32.68%	82.14	402.11	77.93	1082.34	6.85	23.95	0.98	3.89	4.63
Tues MAR 28	925.53	44.82	37.63	36.59%	103.44	718.79	111.39	934.77	7.73	29.97	0.62	3.61	5.66
Wed MAR 29	733.39	39.31	25.21	30.94%	88.98	459.59	96.72	1139.75	4.17	26.48	0.80	2.11	5.64
Thurs MAR 30	948.63	34.27	25.94	24.61%	145.59	818.43	126.55	1417.29	4.11	33.69	0.80	2.23	2.96
Fri MAR 31	718.07	35.17	29.51	36.98%	81.02	407.54	128.73	1019.62	5.43	35.98	0.95	2.44	8.39
WEEK 5 Total B	803.86	37.99	28.69	32.13%	100.24	561.29	108.26	1143.54	5.66	30.01	0.83	2.86	5.46
MONTH AVG	751.23	35.21	25.47	30.52%	97.65	503.01	110.44	1012.34	4.39	40.80	0.94	2.74	6.24

c Bateman Sr Meals

B. Cloninger, MS, RD 2/7/2017

NWS&DS MARCH 2017 Diet Entree A	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon FEB 27	645.16	37.28	27.53	38.40%	62.22	466.99	94.88	742.76	4.33	61.27	0.54	2.49	5.68
Tues FEB 28	658.83	38.18	20.10	27.46%	82.48	521.00	125.15	758.01	2.22	35.12	0.53	0.88	11.90
Wed MAR 1	670.77	34.73	21.31	28.59%	85.92	501.97	122.62	1038.52	2.76	27.01	0.38	0.97	9.71
Thurs MAR 2	544.56	32.45	14.33	23.69%	75.47	384.41	110.01	1001.89	3.46	36.21	0.75	1.01	3.59
Fri MAR 3	700.39	27.16	20.49	26.33%	97.33	366.94	71.91	706.17	1.87	32.69	0.57	0.84	5.06
WEEK 1 Total Die	643.94	33.96	20.75	29.00%	80.68	448.26	104.91	849.47	2.93	38.46	0.55	1.24	7.19
Mon MAR 6	735.66	33.79	25.78	31.54%	95.96	558.41	100.58	910.99	5.22	136.36	0.51	2.05	10.96
Tues MAR 7	672.93	36.06	30.43	40.69%	65.17	372.39	100.65	1261.73	6.62	20.00	0.55	2.71	4.58
Wed MAR 8	715.10	35.60	27.12	34.14%	83.56	444.52	92.85	799.67	5.13	47.04	2.56	2.39	5.54
Thurs MAR 9	590.61	46.90	11.30	17.21%	75.18	560.67	98.72	721.24	3.50	51.84	0.76	1.87	4.29
Fri MAR 10	676.07	32.66	27.22	36.24%	76.69	744.18	109.98	771.56	3.38	25.77	0.46	1.62	6.69
WEEK 2 Total Die	678.07	37.00	24.37	32.35%	79.31	536.03	100.56	893.04	4.77	56.20	0.97	2.13	6.41
Mon MAR 13	1037.03	58.40	29.52	25.62%	137.47	721.26	204.41	1220.42	7.96	38.55	1.16	2.84	12.53
Tues MAR 14	773.29	41.15	18.59	21.64%	113.68	386.73	120.75	1133.40	2.97	68.13	0.89	1.29	7.94
Wed MAR 15	656.27	25.09	19.92	27.31%	94.16	431.16	59.54	1045.36	1.51	24.07	0.25	0.97	4.08
Thurs MAR 16	681.38	34.69	20.16	26.63%	94.55	437.57	119.06	842.74	4.05	39.41	0.81	1.10	8.16
Fri MAR 17	790.29	34.15	28.61	32.58%	101.97	501.36	126.31	1093.45	5.78	71.22	0.80	2.70	9.58
WEEK 3 Total Die	725.31	33.77	21.82	27.07%	101.09	439.20	106.42	1028.74	3.58	50.71	0.69	1.52	7.44
Mon MAR 20	634.08	37.76	20.85	29.59%	72.64	558.62	92.26	974.66	2.04	39.32	0.37	1.24	6.90
Tues MAR 21	618.83	35.07	12.27	17.84%	92.11	423.32	127.97	978.07	4.05	30.05	0.61	2.82	14.04
Wed MAR 22	540.91	33.01	16.22	26.99%	68.93	409.19	106.53	489.21	1.99	56.44	0.36	0.94	4.61
Thurs MAR 23	632.78	37.68	19.28	27.43%	78.97	436.57	63.42	1039.92	1.72	29.56	0.81	1.52	5.86
Fri MAR 24	903.68	37.07	34.61	34.47%	115.19	770.88	165.79	1207.85	3.34	26.82	0.60	1.81	7.36
WEEK 4 Total Die	666.06	36.12	20.65	27.90%	85.57	519.72	111.19	937.94	2.63	36.44	0.55	1.67	7.75
Mon MAR 27	684.84	37.12	20.24	26.59%	90.01	482.86	98.54	790.38	3.35	31.44	1.13	2.38	8.40
Tues MAR 28	650.30	40.35	18.78	25.99%	80.19	589.49	83.27	1214.80	2.37	29.64	0.99	1.79	5.20
Wed MAR 29	822.36	38.05	42.09	46.06%	73.64	394.93	86.69	831.60	6.00	31.21	0.49	2.83	4.94
Thurs MAR 30	899.55	38.50	34.71	34.73%	109.92	1023.10	126.91	984.19	3.98	41.16	0.73	1.70	4.11
Fri MAR 31	603.87	36.35	18.35	27.34%	75.75	530.50	118.06	1417.29	3.30	25.77	0.62	3.26	6.00
WEEK 5 Total B	732.18	38.07	26.83	32.98%	85.90	604.18	102.69	955.24	3.80	31.84	0.79	2.39	5.73
MONTH AVG	689.11	35.78	22.88	29.89%	86.51	509.48	105.15	932.89	3.54	42.73	0.71	1.79	6.90

c Bateman Sr Meals

B. Cloninger, MS, RD 2/7/2017

NWS&DS SEPT 2014 AVERAGE ALL	KCALS DIET 600-850	PRO gm 17.00	FAT gm	FAT% 30%	CHO gm	Ca+ mg 400.00	Mg+ mg 88.00	Na+ mg 1050.00	Zn+ mg 3.10	Vit C mg 30.00	B-6 mg 0.57	B-12 mcg 0.79	FIBER gm 7.00
Mon FEB 27	665.52	36.72	25.87	34.99%	70.00	444.52	85.89	862.50	4.07	62.60	0.64	4.08	5.44
Tues FEB 28	707.78	36.86	21.98	27.95%	92.79	508.55	138.13	909.01	3.00	33.64	0.56	2.30	9.93
Wed MAR 1	752.89	35.46	24.93	29.80%	99.05	565.44	122.30	1110.76	2.93	28.87	0.42	1.12	9.26
Thurs MAR 2	570.66	30.73	16.03	25.28%	79.68	383.97	112.70	878.00	3.84	33.66	0.73	1.14	3.50
Fri MAR 3	675.96	26.93	21.29	28.34%	92.98	367.73	77.58	733.97	2.79	34.69	0.53	1.24	4.78
WEEK 1 AVG ALL	674.56	33.34	22.02	29.38%	86.90	454.04	107.32	898.85	3.33	38.65	0.58	1.97	6.58
Mon MAR 6	749.53	35.16	24.73	29.69%	99.87	577.22	105.47	925.86	4.56	134.83	1.41	3.20	10.91
Tues MAR 7	653.26	37.60	28.00	38.57%	63.99	366.97	100.32	1202.24	6.46	19.58	0.59	2.51	4.34
Wed MAR 8	714.95	35.73	24.49	30.83%	90.39	444.04	103.46	885.92	4.53	46.01	2.52	1.99	5.93
Thurs MAR 9	668.25	43.65	17.46	23.52%	85.10	533.70	101.14	872.67	4.06	54.64	0.81	2.19	4.74
Fri MAR 10	725.76	33.36	26.78	33.21%	90.37	683.35	119.08	783.98	3.42	28.61	0.54	1.52	6.53
WEEK 2 AVG ALL	702.35	37.10	24.29	31.13%	85.94	521.06	105.89	934.13	4.61	56.73	1.18	2.28	6.49
Mon MAR 13	999.59	51.63	29.07	26.18%	135.69	656.28	165.50	1151.65	6.08	37.84	0.89	2.19	11.25
Tues MAR 14	773.88	38.23	19.42	22.58%	116.01	395.20	129.36	1072.80	3.46	59.93	0.84	1.44	9.55
Wed MAR 15	716.82	31.28	24.29	30.50%	93.45	455.33	71.35	1057.99	2.68	25.19	0.40	1.20	4.41
Thurs MAR 16	680.52	32.68	21.67	28.66%	92.78	443.54	116.09	873.12	3.76	38.43	1.39	3.09	8.08
Fri MAR 17	905.88	35.85	33.43	33.21%	118.59	636.50	125.58	1170.65	5.48	59.84	0.79	2.42	8.27
WEEK 3 AVG ALL	769.27	34.51	24.70	28.90%	105.21	482.64	110.59	1043.64	3.85	45.85	0.85	2.04	7.58
Mon MAR 20	757.02	39.02	25.94	30.84%	91.97	516.41	100.36	1020.14	3.01	40.98	0.47	1.60	7.84
Tues MAR 21	679.70	34.76	16.34	21.63%	99.78	450.90	119.23	989.88	4.27	47.04	0.60	2.69	11.42
Wed MAR 22	493.83	26.92	14.86	27.09%	66.25	402.80	103.33	462.12	1.93	49.41	0.32	0.94	4.25
Thurs MAR 23	751.34	39.23	24.23	29.02%	96.16	417.43	79.33	900.96	2.69	29.80	0.72	1.61	4.95
Fri MAR 24	884.46	35.29	30.25	30.78%	122.48	641.39	145.25	1180.86	2.76	31.49	0.53	1.41	7.29
WEEK 4 AVG ALL	713.27	35.05	22.32	28.17%	95.33	485.79	109.50	910.79	2.93	39.75	0.53	1.65	7.15
Mon MAR 27	687.78	36.88	21.89	28.64%	87.38	455.94	91.67	887.70	4.52	28.94	1.08	2.89	7.14
Tues MAR 28	774.79	42.36	25.95	30.15%	94.15	643.95	98.97	1105.05	4.29	29.68	0.87	2.48	5.70
Wed MAR 29	797.84	38.26	35.63	40.19%	82.27	424.46	89.66	956.05	5.37	29.66	0.59	2.60	5.12
Thurs MAR 30	970.38	38.19	33.51	31.08%	130.78	995.49	130.09	1179.38	4.15	39.06	0.77	1.93	3.82
Fri MAR 31	641.94	35.95	22.07	30.94%	77.51	489.51	121.62	1284.74	4.01	29.17	0.73	2.99	6.80
WEEK 5 AVG ALL	774.55	38.33	27.81	32.31%	94.42	601.87	106.40	1032.05	4.47	31.30	0.81	2.57	5.72
MONTH AVG ALL	726.80	35.67	24.23	30.00%	93.56	509.08	107.94	963.89	3.84	42.46	0.79	2.10	6.70

c Bateman Sr Meals

B. Cloninger, MS, RD 2/7/2017